LUBBEN SOCIAL NETWORK SCALE – 18 (LSNS-18)

FAMILY:  Considering the people to whom you are related by birth, marriage, adoption, etc...

1. How many relatives do you see or hear from at least once a month?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

2. How often do you see or hear from relative with whom you have the most contact?
   0 = less than monthly    1 = monthly    2 = few times a month    3 = weekly    4 = few times a week    5 = daily

3. How many relatives do you feel at ease with that you can talk about private matters?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

4. How many relatives do you feel close to such that you could call on them for help?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

5. When one of your relatives has an important decision to make, how often do they talk to you about it?
   0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always

6. How often is one of your relatives available for you to talk to when you have an important decision to make?
   0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always

NEIGHBORS:  Considering those people who live in your neighborhood...

7. How many of your neighbors do you see or hear from at least once a month?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

8. How often do you see or hear from the neighbor with whom you have the most contact?
   0 = less than monthly    1 = monthly    2 = few times a month    3 = weekly    4 = few times a week    5 = daily

9. How many neighbors do you feel at ease with that you can talk about private matters?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

10. How many neighbors do you feel close to such that you could call on them for help?
    0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

11. When one of your neighbors has an important decision to make, how often do they talk to you about it?
    0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always

12. How often is one of your neighbors available for you to talk to when you have an important decision to make?
    0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always
FRIENDSHIPS:  Considering your friends who do not live in your neighborhood...

13. How many of your friends do you see or hear from at least once a month?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

14. How often do you see or hear from the friend with whom you have the most contact?
   0 = less than monthly   1 = monthly   2 = few times a month   3 = weekly   4 = few times a week   5 = daily

15. How many friends do you feel at ease with that you can talk about private matters?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

16. How many friends do you feel close to such that you could call on them for help?
   0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

17. When one of your friends has an important decision to make, how often do they talk to you about it?
   0 = never   1 = seldom   2 = sometimes   3 = often   4 = very often   5 = always

18. How often is one of your friends available for you to talk to when you have an important decision to make?
   0 = never   1 = seldom   2 = sometimes   3 = often   4 = very often   5 = always

LSNS-R total score is an equally weighted sum of these twelve items. Scores range from 0 to 90