LUBBEN SOCIAL NETWORK SCALE – 6 (LSNS-6)

FAMILY: Considering the people to whom you are related by birth, marriage, adoption, etc...

1. How many relatives do you see or hear from at least once a month?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

2. How many relatives do you feel at ease with that you can talk about private matters?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

3. How many relatives do you feel close to such that you could call on them for help?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

FRIENDSHIPS: Considering all of your friends including those who live in your neighborhood

4. How many of your friends do you see or hear from at least once a month?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

5. How many friends do you feel at ease with that you can talk about private matters?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

6. How many friends do you feel close to such that you could call on them for help?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

LSNS-6 total score is an equally weighted sum of these six items. Scores range from 0 to 30