LUBBEN SOCIAL NETWORK SCALE – REVISED (LSNS-R)

FAMILY:  Considering the people to whom you are related by birth, marriage, adoption, etc…

1. How many relatives do you see or hear from at least once a month?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

2. How often do you see or hear from the relative with whom you have the most contact?
   0 = less than monthly  1 = monthly  2 = few times a month  3 = weekly  4 = few times a week  5 = daily

3. How many relatives do you feel at ease with that you can talk about private matters?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

4. How many relatives do you feel close to such that you could call on them for help?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

5. When one of your relatives has an important decision to make, how often do they talk to you about it?
   0 = never  1 = seldom  2 = sometimes  3 = often  4 = very often  5 = always

6. How often is one of your relatives available for you to talk to when you have an important decision to make?
   0 = never  1 = seldom  2 = sometimes  3 = often  4 = very often  5 = always

FRIENDSHIPS:  Considering all of your friends including those who live in your neighborhood...

7. How many of your friends do you see or hear from at least once a month?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

8. How often do you see or hear from the friend with whom you have the most contact?
   0 = less than monthly  1 = monthly  2 = few times a month  3 = weekly  4 = few times a week  5 = daily

9. How many friends do you feel at ease with that you can talk about private matters?
   0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

10. How many friends do you feel close to such that you could call on them for help?
    0 = none  1 = one  2 = two  3 = three or four  4 = five thru eight  5 = nine or more

11. When one of your friends has an important decision to make, how often do they talk to you about it?
    0 = never  1 = seldom  2 = sometimes  3 = often  4 = very often  5 = always

12. How often is one of your friends available for you to talk to when you have an important decision to make?
    0 = never  1 = seldom  2 = sometimes  3 = often  4 = very often  5 = always

LSNS-R total score is an equally weighted sum of these twelve items. Scores range from 0 to 60.