

**UNIVERSITY COUNSELING SERVICES
BOSTON COLLEGE**

CLINICAL STAFF 2008-2009

JULIE M. AHNALLEN, Staff Psychologist - joined UCS in 2007

Education/Training: B.A. Wesleyan University; Ph.D. in Clinical Psychology, University of Massachusetts Boston. APA-accredited Internship at Children's Hospital Boston. Postdoctoral Fellowship at Division of Adolescent Medicine, Children's Hospital Boston.

Professional Interests: Culturally competent training and practice; racial and ethnic identity development; immigration experiences; Asian American psychology; women's issues; bereavement issues; trauma; eating disorders; treatment of anxiety and depression. Research interests are related to identity development in marginalized groups.

Theoretical Orientation: Integrative psychodynamic, developmental-cultural, relational, and CBT approaches

Departmental Roles/Responsibilities: Training Committee member and supervisor; Professional Committee member; Body Confidence Committee member; Sisters Let's Talk advisory board member; and Asian Pacific Islander Employees Association of BC member.

CRAIG D. BURNS, Staff Psychologist - joined UCS 2006

Education/Training: B.A. Brown University; M.A. and Ph.D. in Clinical Psychology, Catholic University of America; APA-accredited Internship at Brockton/Worcester VA Hospital/Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.

Professional Interests/Experience: Individual and group psychotherapy; application of mindfulness and stress management in psychotherapy; psychotherapy with athletes; substance abuse treatment; complex trauma; relational disorders; psychotherapy supervision.

Theoretical Orientation: Integrative psychodynamic, relational, and CBT approaches.

Departmental Roles: Training Committee member and supervisor; Liaison to Alcohol Intervention Meeting team; Coordinator, APA-approved Continuing Education Program for UCS; Liaison to GLC.

ERIN K. CURTISS, Associate Director - joined UCS in 2000

Education/Training: B.A. Wesleyan University; Ph.D. in Clinical Psychology, Boston University. APA-accredited Internship at the Massachusetts Mental Health Center. Postdoctoral Fellowship at Mt. Auburn Hospital, Cambridge, MA. Licensed Psychologist in MA.

Professional Interests: Individual and group psychotherapy; family adjustment to chronic medical and mental illness; bereavement; issues facing first-generation college students; treatment of anxiety disorders, trauma, major mental illness; clinical training and supervision.

Theoretical Orientation: Psychodynamic, cognitive-behavioral.

Departmental Roles/Responsibilities: Associate Director of Counseling Services; Training Committee member and supervisor; Body Confidence Committee; Mays Mentoring Program.

ANDREW GOUSE, Staff Psychiatrist - joined UCS in 2005

Education/Training: B.A. Harvard College (Psychology); M.D. Yale School of Medicine; Adult Psychiatry Residency: Brown University Psychiatry Training Program; Child Psychiatry Residency: Boston Children's Hospital/Judge Baker Guidance Center.

Professional Experience: Staff Psychiatrist, Tufts University Health Services.

Professional Interests: Psychopharmacology, Late adolescent development, family dynamics.

KATHERINE HIGGINS, Postdoctoral Fellow, 2008-2009

Education/Training: B.A. in Psychology, Wake Forest University; M.A. in Experimental Psychology, College of William & Mary; Ph.D. in Counseling Psychology (APA accredited), University of Tennessee. APA accredited internship at the University of California, Berkeley Counseling and Psychological Services. Other training sites have included Cherokee Health Systems, Inc. and University of Tennessee Counseling Center.

Professional Interests/Experience: Experiences include individual and group psychotherapy with adults, supervision of practicum students, and crisis intervention. Interests include the treatment of anxiety and depression, relationship concerns, family systems, and dream work. Doctoral dissertation: "The Relationship of Broad versus Narrow Personality Traits to Psychological Sense of Community in College Students."

Theoretical Orientation: Eclectic with a primary focus on Interpersonal modalities, Psychodynamic conceptualizations, and the inclusion of Cognitive Behavioral and Gestalt techniques.

CHARRISE V. HIPOL, Postdoctoral Fellow, 2008-2009

Education/Training: B.A. in Psychology, American University; M.A. in Psychology, New York University; Psy.D. in Clinical Psychology, University of Denver, Graduate School of Professional Psychology. APA-accredited Internship at Metropolitan State College of Denver Counseling Center.

Professional Interests/Experiences: Multicultural issues, identity development, social justice, acculturation issues, women's issues, trauma, anxiety disorders, and depression. Doctoral paper: "The Effects of Colonial Mentality on the Mental Health of American-born and Philippine-born Filipino-Americans."

Theoretical Orientation: integrative, psychodynamic, cognitive-behavioral

YVONNE M. JENKINS, Senior Staff Psychologist - joined UCS in 1998

Education/Training: B.S. Central State University (Ohio); M.Ed. Boston University; Ph.D. in Counseling Psychology, Boston College. APA-accredited internship at Center for Multicultural Training in Psychology at Boston Medical Center.

Related Professional Experience: Private practice of psychotherapy; Faculty of Jean Baker Miller Training Institute at Wellesley College. Formerly on the staff of Harvard University Mental Health Services. Numerous publications and presentations that include: Diversity in college settings (Editor); *The Stone Center Approach Revisited* in Leslie C. Jackson & Beverly Greene, Psychotherapy with African American women.

Professional Interests: Culturally competent training and practice; women's issues; difficult family relationships; learning and attentional disorders; the experiences of first generation college students; nontraditional populations.

Theoretical Orientation: Relational-cultural (Stone Center), systems, cognitive-behavioral.

Departmental Roles/Responsibilities: Liaison to AHANA Student Programs and the Sexual Assault Network (SANET). Leader for Seminar in Culturally Competent Practice; Primary Supervisor for Postdoctoral Training Program; Professional Development Committee, Training Committee.

ANDREW M. KULLER, Postdoctoral Fellow, 2008-2009

Education/Training: B.A. Brown University; Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology. APA-accredited Internship at the Massachusetts Mental Health Center/Harvard Medical School.

Professional Interests/Experience: Individual and group psychotherapy; development across the life span; mindfulness meditation; treatment of depression, anxiety, and major mental illness. Doctoral Project: "Cognitive-Behavioral Therapy for Schizophrenia: A Comparison of Clinical Practices in the U.S. and U.K."

Theoretical Orientation: The integration of psychodynamic, cognitive-behavioral, and humanistic/existential perspectives.

THOMAS P. McGUINNESS, Director of University Counseling Services - joined UCS in 1989

Education/Training: Ph.D. in Counseling Psychology, University of Pennsylvania; B.A. Seton Hall University; M.S. Miami University; Washington School of Psychiatry, advanced training in organizational consultation, group dynamics and psychotherapy; A.K. Rice Institute, group relations training. Licensed Psychologist in MA.

Professional Experience: Director of Counseling Centers at St. Joseph's University and Georgetown University; Past Associate, A.K. Rice Institute; Organizational Consultant; Presenter at the Association of University and College Counseling Center Directors annual meetings.

Professional Interests: Psychotherapy; clinical consultation; university mental health issues; group relations and systems theory; organizational and process consultation; leadership development.

Departmental Roles/Responsibilities: Director of Counseling Services since 1989; Training Committee member and Supervisor; Member of Coordinating Committee for BC's Critical Incident Response Team; Member of Educational Policy Committee, College of Arts and Sciences; Instructor, Cornerstone Advisement Seminar.

CHRISTINE L. MERKLE, Assistant Director - joined UCS in 1971

Education/Training: B.A., Duquesne University; M.Ed. and Ph.D. in Counseling Psychology, Boston College; Institute in Behavior Therapy, training in theoretical and clinical applications of behavioral therapy with Joseph Wolpe. Licensed Psychologist in MA.

Professional Interests: Individual and group therapy. Particular clinical interests in following areas: anxiety disorders, eating disorders, substance abuse and addictive disorders, relapse prevention, stress management, women's development, gender and cultural differences. Teaching; Consultation; Conduct career interest workshops using the Strong Interest Inventory.

Theoretical Orientation: Cognitive-behavioral therapist with integration of other theoretical models.

Departmental Roles/Responsibilities: Coordinator, APA-approved Continuing Education Program for UCS staff and postdoctoral fellows.

ZELJKA MILEUSNIC, Staff Psychologist - joined UCS in 2005

Education/Training: B.Sc. in Psychology, University of Zagreb, Croatia; Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology; internships at the Northeastern University Health and Counseling Center and at the Tufts University Counseling Center; Postdoctoral Fellowship at University Counseling Services, Boston College.

Professional Interests: Individual and couple therapy; men's mental health issues and psychotherapy; counseling of international students; working with dreams in psychotherapy; integrative approaches to psychotherapy.

Theoretical Orientation: Humanistic/psychoanalytic/cognitive-behavior - an integrative approach.

REGINA MITCHELL, Staff Psychiatrist - joined UCS in 1998

Education/Training: B.S. in Chemistry, Roosevelt University, Chicago, Illinois; M.D. University Of Illinois, Champaign-Urbana; Internship in Medicine, Cambridge Hospital, Harvard Medical School; Residency, Massachusetts Mental Health Center. Candidate in Psychoanalytic Training, Psychoanalytic Institute of New England.

Professional Experience: Private Practice in general psychiatry and psychoanalysis. Formerly, Clinical Psychiatrist at Harvard University Health Services, Beth Israel Deaconess Medical Center and the Mass. Mental Health Center.

Professional Interests: Psychotherapy, adults and adolescents; Psychoanalysis.

K. TRACY MUNN, Senior Staff Psychologist - joined UCS in 1989

Education/Training: A.B. Princeton University; M.A. and Ph.D. in Clinical Psychology, University of Michigan. APA-accredited internships at the Adolescent Inpatient Service and Adult Outpatient Clinic, Univ. of Michigan Medical Center, Ann Arbor, MI. Licensed Psychologist in MA.

Professional Interests: Individual psychotherapy; the functions of self-expression in late-adolescent development; the impact of minority status and marginalized experience on identity and adaptation; the psychology of adaptation; Buddhism and mindfulness meditation.

Theoretical Orientation: Psychodynamic, developmental.

Departmental Roles/Responsibilities: Supervision of fellows. Founder of *Mask and Mirror* psychotherapy group and workshops integrating creative exploration with self-discovery. Director of postdoctoral training program 2001-2005.

DAVID JOHN SMITH, Senior Staff Psychologist - joined UCS in 1968

Education/Training: B.S. Wheeling Jesuit College; Training in physical and psychiatric medicine at Georgetown Medical School (2 years); M.A. and Ph.D. in Counseling Psychology, Boston College. Licensed Psychologist in MA.

Professional Interests: The psychology of men; clients with learning and attentional disorders; spirituality and psychological functioning; sexual orientation concerns; older male students (aged 25-50) who have barely addressed such issues as boyhood abuse, early attachment disruptions, and loss of fathers through death or desertion.

Theoretical Orientation: Interpersonal, humanistic, psychodynamic.

Departmental Roles/Responsibilities: Created and facilitate the *B.C. Men's Group*; Coordinator, UCS Emergency Coverage System; Chaired the B.C. Committee on Learning Disorders for 20 years.

ROBERT TITTMANN, Staff Psychiatrist - joined UCS in 1999

Education/Training: B.A. Yale College; M.D. Brown-Dartmouth Program in Medicine; Residency in Adult Psychiatry at The Cambridge Hospital, Harvard Medical School; Fellowship in Psychoanalytic Psychotherapy at The Austen Riggs Center.

Professional Experience: Private Practice; Lecturer at Harvard Medical School; Formerly on staff at The Tri-City Mental Health Center Outpatient Clinic.

Professional Interests: Individual, couple and family therapy for adults and adolescents; personality disorders; psychoanalysis.

Theoretical Orientation: Interpersonal, psychodynamic, eclectic.

FRIEDA WONG, Director of Training & Staff Psychologist - joined UCS in 2003

Education/Training: B.A. Harvard University; M.S. and Ph.D. in Clinical Psychology, University of Massachusetts-Amherst. APA-accredited Internship at the Cambridge Hospital/Cambridge Health Alliance, Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College. Licensed Psychologist in MA.

Professional Interests/Experience: Practice interests include individual psychotherapy and counseling; treatment of depression, anxiety, and eating disorders; relationship concerns; multicultural issues; experiences of first-generation and/or financially disadvantaged students; and use of mindfulness in psychotherapy. Research interests are related to mental health issues of Asian Americans and other racial/ethnic minority groups.

Theoretical Orientation: Psychodynamic, cognitive-behavioral, humanistic, interpersonal, integrative.

Departmental Roles/Responsibilities: Director of Postdoctoral Training Program; Training Committee member and supervisor; Co-coordinator for the Asian Pacific Islander Employees Association of BC.