Workshop A:  
“Person-centered Planning & Practice”  
In this workshop we will explore how to understand and to effectively manage countertransference. It is the clinician’s countertransference, combined with views of the client that often create individual and systemic barriers to implementing person-centered service delivery. These tendencies often foster burnout and frustration both for the client and the provider alike. This presentation will assist participants by re-conceptualizing their role as “the fixer” to being one of “mere facilitator” who can better align with the client’s own strengths and preferences. Participants will learn how to let go of the need to control a client’s recovery. The trainer has extensive experience working with adults who have major mental illness, addiction and developmental disabilities. Relevant cases from his practice will be discussed.  
Instructor: Keith Wales, LICSW  Eliot Community Human Services - Everett  
Friday, November 6; 9:30-12:45; 3.5 CEUs; Stuart Hall #408; Fee: $50 

Workshop B:  
“Meditation and Self-Leadership in Clinical Practice”  
Meditation is a tool that can be used in enhancing the clinician’s practice in a variety of ways. We will review the “nuts and bolts” of how to develop and use meditation skills in clinical practice situations. We will learn how to employ these skills for behavior and mood management, concentration, stress reduction, insight and overall self-mastery and self-leadership. Participants will have the opportunity to practice some simple meditation techniques including breath control meditations from the yogic tradition. We will also examine both indications as well as contraindications for using these skills in practice situations. No experience with meditation is required.  
Instructor: Douglas Baker, LICSW Cambridge Mind Body  
Thursday November 12; 9:30-12:45; 3.5 CEUs; Barat House; Fee: $50 

Workshop C:  
“Teaching the Next Generation of Social Workers”  
This highly interactive seminar will address the strengths and challenges in the training of contemporary social workers. Generational changes are natural and supervisors must understand and appreciate the learning styles/motivations of those new students and staff who are joining their agencies. The role of professional development, supervisory focus and engagement are crucial as we look forward in our agency environments. The recruitment and retention of a solid workforce now and into the future that can respond to new and emerging challenges in practice requires an understanding of the following:  
1) The evolving needs, values and beliefs of these key groups: Millennials, Career Changers and Highly Experienced Workers;  
2) The learning styles of adults;  
3) The “developmental stages” of learners in social work;  
4) New supervisory approaches/techniques to motivate new staff and students;  
Instructor: Sue Coleman, LICSW  Director of Field Instruction, BCSSW  
Friday November 13; 10:00-12:45; 3.0 CEUs; Barat House; Fee: $40 

Workshop D:  
“The Worn Path: Understanding the Journey of Suicide”  
There are many questions asked when a person commits suicide but none is more important than “WHY?”. Through the examination of diaries, suicide notes and case studies we will do an “autopsy” (an intense psychological analysis) of the suicidal mind. We will study the inner workings of the minds of suicidal persons as they travel through the journey from sadness to despair. We also will look at the multi-dimensional aspects of suicide including biological, psychological, intrapsychic, interpersonal, social, cultural and philosophical/existential elements in the suicide event. The instructor will also offer explicit steps in the assessment and treatment of the suicidal individual.  
Instructor: Kenna Sullivan, LICSW  Field Faculty, BCSSW  
Friday November 20; 10:00-12:45; 3.0 CEUs; Barat House; Fee: $40
Workshop E:
“Leadership in Human Services”

A truly successful human service organization relies on strong leadership to create an organizational culture in which employees can perceive their own value and practice within a specific, focused mission. This training will provide an overview of current thinking about contemporary leadership in human services. We will look at various models of leadership, the historical context for these models and we will advance the question: what are new leadership needs that exist now in light of recent changes and future trends in human services delivery? Participants will be asked to draw upon some of their own experiences, both as leaders as well as general participants in human service organizations. A new model for human services will also be presented for consideration. This training is designed for all human service professionals. We will ask participants to assess their own leadership potential as a way to anticipate the significant leadership shortage in human services that we anticipate in the next decade.

Instructor: Robert J. Keane, Ph.D. LICSW Walden Behavioral Care
Friday November 20; 2:00-4:00; 2.2 CEUs; Barat House; Fee: $30

LOCATION: All workshops will be held on the Newton Campus of Boston College at 885 Centre Street, Newton. You can park free of charge on the Newton Campus in the designated Visitors’ Parking area. For directions go to: http://www.bc.edu/content/bc/about/maps.html. There is no charge for parking, but you need to park only in the designated visitors’ parking lot. When you arrive you can ask the gate attendant to point you in that direction. If no attendant is present drive straight ahead and take the long road on your right. The visitors lot is at the bottom of that road.

We will be using Barat House and Stuart House. Both buildings are near the large chapel building with the tall steeple.

GENERAL ISSUES: Refreshments will be provided. Lunches can be purchased at the Newton Campus dining hall. Contact Kellyann Stewart at 617.552.0865 or e-mail her at: <kellyann.stewart@bc.edu> with any questions. An e-mail confirmation of your registration will be sent to you. We may cancel any session due to insufficient enrollment ten days before the event. In such a case we will refund your payment or you may apply it to another session if you wish. If you cancel, refund requests need to be made at least two weeks before an event in order to receive a refund (less $10 processing fee). If you cancel less than two weeks before an event, we will issue you a full credit you may apply to any future continuing education program.

Registration Form — BC SSW Continuing Education Workshops for November 2015

All credit card payments need to be made online. We accept VISA, MasterCard or American Express. To register online please click onto our Conference website below: www.bc.edu/swcereg ... then, click “Register Online” and proceed.

You may use this mail-in form below for payments by check. If you are paying by check, make your check payable to: Boston College SSW. If you are paying for more than one person with a single check, please make multiple copies of this form and complete one for each person to be registered.

Name_________________________________________
Mailing Address_________________________________
______________________________________________
E-mail_________________________________________
Daytime Phone__________________________________
Social Work License #_____________________________

Please accept my registration for the workshop(s) checked below:
☐ A ($50) ☐ B ($50) ☐ C ($40)
☐ D ($40) ☐ E ($30)

Please send this completed registration form (with check) to:
Boston College SSW
140 Commonwealth Avenue
Chestnut Hill, MA 02467
Attn: Kellyann Stewart, McGuinn Hall #221

Questions? Contact Kellyann Stewart at 617.552.0865 or: <kellyann.stewart@bc.edu>

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