

An Invitation to the 6th and final Session of the Spring 2009  
Seminars on Teaching, Learning and Academic Life

Please join us on  
**Thursday, April 16th**  
**12:00 to 1:00**

Connors Family Learning Center, O'Neill Library 2<sup>nd</sup> Floor  
Lunch will be provided.

## Learning Styles: Yours and Your Students'

Sue Barrett  
The Connors Family Learning Center

What style of learning works best for you? Do you do learn the most when material is presented visually? Are you great at taking lecture notes? Maybe reading is the most efficient way for you to learn new material? We all have a tendency to assume that what works for us will also work for others, but in a typical classroom, your students will have widely varying learning styles. In this session, we'll complete a learning style inventory and discuss how our own learning styles affect us as students and teachers. We'll also discuss ways to adapt our teaching to include methods that appeal to all types of learners.