

## ELDERCARE PLANNING AND INFORMATION PROGRAMS

The Spring Semester Eldercare program registrations are now available online. Registration is required; [Click to register for an Eldercare Information Program](#)

### **HIRING IN-HOME HEALTH CARE**

Tuesday, February 28, 12–1:30 p.m., Shea Room, Conte Forum

What are the options of support so my loved one can remain at home and where do I start?

### **CARING FOR RED: A BOOK READING BY MINDY FRIED**

Wednesday, March 1, 12–1 p.m., St. Thomas More Apartments, Commons Room 109

This memoir chronicles the actions of two sisters as they discover concentric circles of support for their father and attempt to provide him with an experience of “engaged aging” in an assisted living facility.

Books will be available for purchase and can be personalized by the author.

### **THE CONVERSATION PROJECT: A WORKSHOP FACILITATED BY ARZA GOLDSTEIN**

Tuesday, March 7, 12–1:30 p.m., Shea Room, Conte Forum

Co-founded by Ellen Goodman in collaboration with the Institute for Healthcare Improvement

The Conversation Project offers people the tools, guidance, and resources they need to begin talking with their loved ones about their wishes and preferences for end-of-life care, before a medical crisis.

The workshop is lively, thought-provoking and focused on living well vs. dying.

### **UNDERSTANDING DEMENTIA**

Thursday, May 4, 12–1:30 p.m., Shea Room, Conte Forum

What are my resources to care for my loved one?

NOTE: In addition to the Eldercare Support programs, HouseWorks professionals are available to answer your specific eldercare questions. Please direct your inquiry to the BC Faculty/Staff Assistance Program at [617-552-3340](tel:617-552-3340) or [touzin@bc.edu](mailto:touzin@bc.edu).