STEP 2: How to Connect your Fitbit (or other Step Tracking Device) to Your Wellness Account

If you have a new Fitbit or other step tracking device, first activate your device through the device’s application before you connect it to your wellness account.

Once activated, connect the device to your wellness account by following these instructions:

1.) Log in to your wellness account by visiting www.harvardpilgrim.org/wellnessaccount

2.) From your Dashboard, click Connect A Device

3.) Under the Add section, select the device or app you would like to connect. Then click Connect.
4.) After clicking Connect, your Application’s Dashboard will appear. Enter the log in credentials you created when you downloaded the Fitbit app (or other device’s app). By entering your device’s login information, you are allowing Harvard Pilgrim’s wellness site to have access to your device’s information.

![Login page](image)

5.) Once the Fitbit is connected, it will appear in the Connected section. **Note:** For the first 24 hours it will say “Last download: never” because it can take up to 24 hours to capture the initial sync.

![Connected section](image)
How to Configure Your Fitbit with Your Wellness Account

When connecting your Fitbit device, a pop-up will appear. Fitbit’s pop-up will allow you to deselect options before allowing the device to be connected to the wellness site.

While you may limit what your Fitbit shares with the wellness site, there are 3 required fields to select. To have ONLY steps connect to the wellness site, you must select **Fitbit devices and settings**, **activity and exercise** and **profile**.

If a participant does not select Profile, authorization will fail and no data will be captured to appear in your wellness account.

![Fitbit pop-up](image)

Data shared with Wellness will be governed by Corner’s privacy policy and terms of service. You can revoke this consent at any time in your Fitbit account settings. More information about these permissions can be found [here](#).

Please contact Harvard Pilgrim’s Wellness Services, if you need assistance,

Monday – Friday, 9am – 5pm at **877.594.7183** or by email at **HPWellness@harvardpilgrim.org**.