## Health Fair for Faculty and Staff On the Road to a HEALTHY YOU

## Take time to take care of you. Stop by this year's Health Fair and learn how to get and stay healthy.

Date: Wednesday, October 31, 2012

Time: 10:00 a.m. to 3:00 p.m.

Location: Murray Conference Room, Fourth Floor, Yawkey Center

- Acupuncture and Chinese Herbal Medicine
- BCPD—Eagle EMS
- Blood Pressure Screening
- Bone Density Screening
- Campus Wellness Support Group
- Chiropractic Evaluations
- Crosby Flexible Spending Accounts
- Employee Seasonal Flu Shots\*
- Emergency Preparedness
- Environmental Health and Safety
- Eye Health Screening
- Fitness/Flexibility Screening

## BOSTON COLLEGE



Harvard Pilgrim HealthCare

- Foot and Ankle Screening
- Glaucoma Screening
- Healthy Cooking Demonstration
- METRO Credit Union
- Massage Therapies
- Nutrition Consultation
- Parenting Resources
- Skin Care Consultation
- Spiritual Resources
- Yoga
- Your Healthy Computer
- \* Preregistration for flu shots is required.

## Sponsored by

Human Resources, Health Services, Harvard Pilgrim Health Care, Dining Services, Campus Recreation, Bookstore, Connell School of Nursing, New England Eye Center, BC Athletics

