Farmer’s markets. They’re popping up everywhere lately, giving more and more of us access to wonderful fresh produce and provisions and a direct connection to the people who grow our food.

So, we start this issue off with an article called [The Top 10 Reasons to Shop at Farmers' Markets](http://link.coremotivesmarketing.com/c/306/679dc765346d279629cd2eaff3e378fc8bc75064473a553c5aafc81fe7ad8008), filled with tips for making the most of your weekly visits.

And while you’re at your local farmer’s market, make sure to stock up on the ingredients for the recipes in this issue. In the first article, [You Won’t Miss the Meat](http://link.coremotivesmarketing.com/c/306/679dc765346d279629cd2eaff3e378fc8bc75064473a553c5aafc81fe7ad8008), we give you a variety of vegetarian recipes that are still protein-rich, hearty and delicious.

Then, on to a great veggie side dish that will go well with any savory dish – meat-free or not. Our [Grilled Baby Peppers in Oregano Vinaigrette](http://link.coremotivesmarketing.com/c/306/679dc765346d279629cd2eaff3e378fc8bc75064473a553c5aafc81fe7ad8008)take on a lovely sweetness from the heat, which becomes the perfect complement to the tangy vinaigrette. And, it has a ***PointsPlus***®**value per serving of only 1.**

And, finally, a special spring surprise. Our [Fresh Cherry Tomato Salsa](http://link.coremotivesmarketing.com/c/306/679dc765346d279629cd2eaff3e378fc8bc75064473a553c5aafc81fe7ad8008) can enhance a meat-based dish, but also works as a light appetizer when you scoop it up with chips or fresh vegetables. And the surprise? A***PointsPlus***®**value per serving of 0!**

Happy farmer’s market shopping!

Links not working? Just cut and paste the following link into your Web Browser.
[http://storage.coremotivesmarketing.com/library/420f5e1a-f3b1-4c67-94fc-6f1edc87904b/500/landingpages/7b900fec-a3ed-e411-be3d-6c3be5a8ba10.html](http://link.coremotivesmarketing.com/c/306/679dc765346d279629cd2eaff3e378fc8bc75064473a553c5aafc81fe7ad8008)