

**UNIVERSITY COUNSELING SERVICES  
BOSTON COLLEGE**

**CLINICAL STAFF 2011-2012**

**JULIE M. AHNALLEN, Staff Psychologist** - joined UCS in 2007

**Education/Training:** B.A. Wesleyan University; Ph.D. in Clinical Psychology, University of Massachusetts Boston. APA-accredited Internship at Children's Hospital Boston. Postdoctoral Fellowship at Division of Adolescent Medicine, Children's Hospital Boston.

**Professional Interests:** Culturally competent training and practice; racial and ethnic identity development; immigration experiences; Asian American psychology; women's issues; bereavement issues; trauma; eating disorders; treatment of anxiety and depression. Research interests are related to identity development in marginalized groups.

**Theoretical Orientation:** Integrative psychodynamic, developmental-cultural, relational, and CBT approaches

**Departmental Roles/Responsibilities:** Training Committee member and supervisor; Facilitator for Multicultural training; Liaison to Women's Resource Center; Mays Mentoring Program; Body Confidence Committee member; Sisters Let's Talk advisory board member; and Asian Pacific Islander Employees Association of BC member.

**JEANINE E. BAILLIE, Staff Psychologist** – joined UCS in 2010

**Education/Training:** B.A. in Psychology, Brown University; Psy.D. in Clinical Psychology and certificate of specialization in Latino Mental Health, Massachusetts School of Professional Psychology (MSPP), Professional Psychology Program; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.

**Professional Interests/Experience:** Experiences include bi-lingual (Spanish/ English) individual and group psychotherapy with adults, children, and families; individual and community crisis interventions; teaching; and social justice. Professional interests include working with depression, anxiety, eating disorders, questions regarding gender and sexuality, relationship concerns, multicultural issues and issues related to immigration, identity development, family systems, and global mental health. Doctoral paper: "Mi Casa No Es Su Casa: Exploring the Psychological Consequences of the 2007 New Bedford Immigration Raid."

**Theoretical Orientation:** Cross Cultural, Psychodynamic, Family Systems, Interpersonal, Cognitive Behavioral Therapeutic techniques, Humanistic, Mindfulness techniques, eclectic.

**KARA W. BROWN, Postdoctoral Fellow, 2011-2012**

**Education/Training:** B.A. in English and Psychology, University of Notre Dame; M.A. in Mental Health Counseling, Boston College; Ed.D in Counseling Psychology with a Specialization in Sport Psychology, Boston University. Pre-Doctoral Internship at California State University Northridge.

**Professional Interests:** Individual psychotherapy, college student development, mindfulness approaches, psychotherapy with student-athletes, applied sport psychology services, grief and loss concerns, relational concerns, depression, and treatment of anxiety disorders. Dissertation: Pretty Good for a Girl: Women Athletes Reflect on Gender, Title IX, and Playing Sport in 21<sup>st</sup> Century America.

**Theoretical Orientation:** Integrative psychodynamic, relational and CBT approaches.

**CRAIG D. BURNS, Director of Training & Senior Staff Psychologist** - joined UCS 2006

**Education/Training:** B.A. Brown University; Ph.D. in Clinical Psychology, Catholic University of America; APA-accredited Internship at Brockton/Worcester VA Hospital/Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.

**Professional Interests/Experience:** Individual and group psychotherapy; application of mindfulness and stress management in psychotherapy; psychotherapy with athletes; substance abuse treatment; complex trauma; relational disorders; psychotherapy supervision.

**Theoretical Orientation:** Integrative psychodynamic, relational, and CBT approaches.

**Departmental Roles/Responsibilities:** Director of Postdoctoral Training Program; Training Committee member and supervisor; Liaison to Alcohol Intervention Meeting team; Liaison to GLC; Trainer for Options Through Education (OTE) Preceptors of AHANA Student Programs; Trainer for Sexual Assault Network (SANET); Member of Division and Department Assessment Committees.

**ERIN K. CURTISS, Associate Director** - joined UCS in 2000

**Education/Training:** B.A. Wesleyan University; Ph.D. in Clinical Psychology, Boston University. APA-accredited Internship at the Massachusetts Mental Health Center. Postdoctoral Fellowship at Mt. Auburn Hospital, Cambridge, MA. Licensed Psychologist in MA.

**Professional Interests:** Individual and group psychotherapy; family adjustment to chronic medical and mental illness; bereavement; issues facing first-generation college students; treatment of anxiety disorders, trauma, major mental illness; clinical training and supervision.

**Theoretical Orientation:** Psychodynamic, cognitive-behavioral.

**Departmental Roles/Responsibilities:** Associate Director of Counseling Services; Training Committee member and supervisor; Body Confidence Committee; Mays Mentoring Program.

**ANDREW GOUSE, Staff Psychiatrist** - joined UCS in 2005

**Education/Training:** B.A. Harvard College (Psychology); M.D. Yale School of Medicine; Adult Psychiatry Residency: Brown University Psychiatry Training Program; Child Psychiatry Residency: Boston Children's Hospital/Judge Baker Guidance Center.

**Professional Experience:** Staff Psychiatrist, Tufts University Health Services.

**Professional Interests:** Psychopharmacology, Late adolescent development, family dynamics.

**JESSE R. HARMON, L.I.C.S.W., Staff Social Worker** – joined UCS in 2006

**Education/Training:** M.Ed. Antioch University, Antioch, Ohio; M.S.W. Simmons College School of Social Work; Internship at Tufts University Counseling Center, Medford, MA; Licensed Clinical Social Worker in MA.

**Related Professional Experience:** Private practice in psychotherapy; Consultant Beaver Country Day School, Brookline, Cambridge Friends School, Cambridge, and Harvard University Graduate School of Education; Staff Psychotherapist, Framingham State College Counseling Center and Tufts University Counseling Center; Associate Director, African American Center, Tufts University.

**Professional Interests:** Individual, couple, and group therapy; Clinical consultation, educational settings; University mental health issues related to African American men; Psychotherapy with athletes.

**Theoretical Orientation:** Psychodynamic, relational-cultural, systems, cognitive-behavioral.

**Department Roles/Responsibilities:** Clinical Social Worker, Co-Leader Black Men's Group (DIOP).

**YVONNE M. JENKINS, Senior Staff Psychologist** – joined UCS in 1998.

**Education/Training:** B.S., Central State University (Ohio); M.Ed. Boston University; Ph.D. in Counseling Psychology, Boston College. APA-accredited internship at Center for Multicultural Training in Psychology at Boston Medical Center.

**Related Professional Experience:** Private practice of psychotherapy, Faculty of Jean Baker Miller Training Institute at Wellesley College. Previously on the staff of Harvard University Health Services. Presentations related to cultural diversity and psychotherapy. Recently appointed to MA Board of Registration of Psychologists, Division of Professional Licensure.

**Professional Interests:** Culturally competent training and practice, women's issues, learning and attention disorders, first generation college students, college mental health in general.

**Theoretical Orientation:** Psychodynamic, relational-cultural, systems, cognitive-behavioral.

**Departmental Roles/Responsibilities:** Trainer for Options through Education (OTE) Preceptors of AHANA Student Programs, consultation to AHANA, trainer for Sexual Assault Network (SANET). Primary supervisor for Postdoctoral Training Program, Training Committee.

**AARTI KHULLAR, Postdoctoral Fellow, 2011-2012**

**Education/Training:** B.A. in Psychology & B.S. in Rehabilitation and Human Services, Boston University; Psy.D. in Clinical Psychology, The Chicago School of Professional Psychology; APA-accredited Internship at the Johns Hopkins University Counseling Center

**Professional Interests/Experience:** Experiences include individual, group and couples counseling with college-student population, adult outpatient psychotherapy and inpatient crisis intervention. Professional interests include: integrative individual therapy; group psychotherapy; college student population; relational concerns; intrapsychic conflicts; multicultural issues; identity concerns.

**Theoretical Orientation:** existential, integrative psychodynamic & multicultural approaches

**THOMAS P. McGUINNESS, Director of University Counseling Services - joined UCS in 1989**

**Education/Training:** Ph.D. in Counseling Psychology, University of Pennsylvania; B.A. Seton Hall University; M.S. Miami University; Washington School of Psychiatry, advanced training in organizational consultation, group dynamics and psychotherapy; A.K. Rice Institute, group relations training. Licensed Psychologist in MA.

**Professional Experience:** Director of Counseling Centers at St. Joseph's University and Georgetown University; Past Associate, A.K. Rice Institute; Organizational Consultation; Presenter at the Association of University and College Counseling Center Directors annual meetings.

**Professional Interests:** Psychotherapy; clinical consultation; university mental health issues; group relations and systems theory; organizational and process consultation.

**Departmental Roles/Responsibilities:** Associate Vice President for Student Affairs/Director of Counseling Services; Member of Coordinating Committee for BC's Critical Incident Response Team; Member of Educational Policy Committee, College of Arts and Sciences.

**CHRISTINE L. MERKLE, Assistant Director - joined UCS in 1971**

**Education/Training:** B.A., Duquesne University; M.Ed. and Ph.D. in Counseling Psychology, Boston College; Institute in Behavior Therapy, training in theoretical and clinical applications of behavioral therapy with Joseph Wolpe. Licensed Psychologist in MA.

**Professional Interests:** Individual and group therapy. Particular clinical interests in following areas: anxiety disorders, eating disorders, substance abuse and addictive disorders, relapse prevention, stress management, women's development, gender and cultural differences. Teaching; Consultation; Conduct career interest workshops using the Strong Interest Inventory.

**Theoretical Orientation:** Cognitive-behavioral therapist with integration of other theoretical models.

**ZELJKA MILEUSNIC, Consulting Psychologist - joined UCS in 2005**

**Education/Training:** B.Sc. in Psychology, University of Zagreb, Croatia; Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology; internships at the Northeastern University Health and Counseling Center and at the Tufts University Counseling Center; Postdoctoral Fellowship at University Counseling Services, Boston College.

**Professional Interests:** Individual and couple therapy; men's mental health issues and psychotherapy; counseling of international students; working with dreams in psychotherapy; integrative approaches to psychotherapy.

**Theoretical Orientation:** Humanistic/psychoanalytic/cognitive-behavior - an integrative approach.

**REGINA MITCHELL, Staff Psychiatrist - joined UCS in 1998**

**Education/Training:** B.S. in Chemistry, Roosevelt University, Chicago, Illinois; M.D. University Of Illinois, Champaign-Urbana; Internship in Medicine, Cambridge Hospital, Harvard Medical School; Residency, Massachusetts Mental Health Center. Candidate in Psychoanalytic Training, Psychoanalytic

Institute of New England.

**Professional Experience:** Private Practice in general psychiatry and psychoanalysis. Formerly, Clinical Psychiatrist at Harvard University Health Services, Beth Israel Deaconess Medical Center and the Mass. Mental Health Center.

**Professional Interests:** Psychotherapy, adults and adolescents; Psychoanalysis.

**DAVID JOHN SMITH, Senior Staff Psychologist** - joined UCS in 1968

**Education/Training:** B.S. Wheeling Jesuit College; Training in physical and psychiatric medicine at Georgetown Medical School (2 years); M.A. and Ph.D. in Counseling Psychology, Boston College. Licensed Psychologist in MA.

**Professional Interests:** The psychology of men; clients with learning and attentional disorders; spirituality and psychological functioning; sexual orientation concerns; male students who have barely addressed such issues as boyhood abuse, early attachment disruptions, and absence of/dysfunctional relationships with their fathers.

**Theoretical Orientation:** Interpersonal, humanistic, psychodynamic.

**Departmental Roles/Responsibilities:** Created and facilitate the *B.C. Men's Group*; Coordinator, UCS Emergency Coverage System; Chaired the B.C. Committee on Learning Disorders for 20 years.

**EILEEN T. SUHRHOFF, Senior Staff Psychologist** - joined UCS in 2010

**Education/Training:** B.S. and M.S. in Education, SUNY Buffalo; Psy.D. in Clinical Psychology, Antioch University. Practicum placement at McLean Hospital/Harvard Medical School; APA-accredited Internship at Boston Regional Medical Center, Doctoral Fellowships at Dana Farber and Children's Hospital Boston; Post-doctoral Fellowship at Harvard Community Health Plan; Externships at Psychoanalytic Institute of New England and the Psychoanalytic Couple and Family Institute of New England. Licensed Psychologist in MA.

**Professional Experience:** Private Practice with individuals, couples and children. Program development within schools and hospitals, teaching and supervision.

**Professional Interests:** Individual and couples psychotherapy, supervision and training. Specific interest in identity development, women's issues, psychoanalysis, attachment studies, bereavement, treatment of complex trauma, substance abuse, anxiety and depression and adoption issues.

**Theoretical Orientation:** Psychodynamic, developmental and integrative.

**Department Roles/Responsibilities:** Training Committee Member and Supervisor, Director of Professional Development for University Counseling Services.

**ROBERT TITTMANN, Staff Psychiatrist** - joined UCS in 1999

**Education/Training:** B.A. Yale College; M.D. Brown-Dartmouth Program in Medicine; Residency in Adult Psychiatry at The Cambridge Hospital, Harvard Medical School; Fellowship in Psychoanalytic Psychotherapy at The Austen Riggs Center.

**Professional Experience:** Private Practice; Lecturer at Harvard Medical School; Formerly on staff at The Tri-City Mental Health Center Outpatient Clinic.

**Professional Interests:** Individual, couple and family therapy for adults and adolescents; personality disorders; psychoanalysis.

**Theoretical Orientation:** Interpersonal, psychodynamic, eclectic.

**RACHEL URBANO, Postdoctoral Fellow 2011-2012**

**Education/Training:** B.A. in English Cal Poly State University, San Luis Obispo; Psy.D. Antioch University New England; APA-accredited Internship at Massachusetts Mental Health Center; Fellow, Psychoanalytic Psychotherapy program; Boston Psychoanalytic Society and Institute.

**Professional Interests/Experience:** Experience providing group, individual, and family therapy in a variety of settings. Professional interests include psychoanalysis, trauma, attachment, and dream interpretation.

**Theoretical Orientation:** Psychodynamic, Integrative, Family Systems

**ELIZABETH A. VINTON, Staff Psychologist** – joined UCS in 2010

**Education/Training:** B.A. University of Denver, Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology, Internships at Tufts University Counseling Center and Roger Williams University Counseling Center, Postdoctoral Fellowship at the Boston Institute for Psychotherapy, Licensed psychologist in MA.

**Professional Interests:** Individual and group psychotherapy; Clinical training and professional identity development; Multicultural issues; Psychological/personality assessment; Health and sports psychology; Mindfulness; Social Justice; Disaster response and crisis intervention

**Theoretical Orientation:** Psychodynamic, Attachment Theory, Relational-Cultural, Systems, CBT

**Department Roles/Responsibilities:** Training Committee Member and Supervisor, UCS Liaison to the Sexual Assault Network, Professional Development Committee

**FRIEDA WONG, Consulting Psychologist** - joined UCS in 2003

**Education/Training:** B.A. Harvard University; M.S. and Ph.D. in Clinical Psychology, University of Massachusetts-Amherst. APA-accredited Internship at the Cambridge Hospital/Cambridge Health Alliance, Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College. Licensed Psychologist in MA.

**Professional Interests/Experience:** Practice interests include individual psychotherapy; treatment of depression, anxiety, and eating disorders; relationship concerns; multicultural issues; mindfulness and Buddhist psychology. Research interests are related to mental health issues of Asian Americans and other racial/ethnic minority groups.

**Theoretical Orientation:** Psychodynamic, interpersonal, integrative.

**Departmental Roles/Responsibilities:** Director of Postdoctoral Training Program 2006-2010.