UNIVERSITY COUNSELING SERVICES
BOSTON COLLEGE

CLINICAL STAFF 2016 - 2017

JULIE M. AHNALLEN, Director of Training & Senior Staff Psychologist - joined UCS in 2007
Education/Training: B.A. Wesleyan University; Ph.D. in Clinical Psychology, University of Massachusetts Boston. APA-accredited Internship at Children’s Hospital Boston. Postdoctoral Fellowship at Division of Adolescent Medicine, Children’s Hospital Boston. Licensed Psychologist in MA.
Professional Interests/Experience: Culturally competent training and practice; racial and ethnic identity development; immigration experiences; Asian American psychology; women’s issues; bereavement issues; trauma; eating disorders; treatment of anxiety and depression. Research interests are related to identity development in marginalized groups.
Theoretical Orientation: Integrative psychodynamic, developmental-cultural, relational, and CBT approaches
Departmental Roles/Responsibilities: Director of training, Training Committee member and supervisor; Facilitator for Multicultural Conversation Hour; Chair of Diversity Committee; Mays Mentoring Program; Sisters Let’s Talk advisory board member; and Asian Pacific Islander Employees Association advisory board member; Member of Student Affair Diversity and Inclusion Committee; Trainer for Options Through Education (OTE), College Transition Program (CTP), and CSOM Peer Advisors.

CRAIG D. BURNS, Director - joined UCS 2006
Education/Training: B.A. Brown University; Ph.D. in Clinical Psychology, Catholic University of America; APA-accredited Internship at Brockton/Worcester VA Hospital/Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.
Professional Interests/Experience: Individual and group psychotherapy; application of mindfulness and stress management in psychotherapy; psychotherapy with athletes; complex trauma; relational disorders; substance abuse treatment; psychotherapy supervision.
Theoretical Orientation: Integration of psychodynamic, relational, and CBT approaches.
Departmental Roles/Responsibilities: Director of Counseling Services; Training Committee member and supervisor; Liaison to Alcohol Intervention Meeting team; Liaison to GLC; Trainer for Emerging Leaders Program (ELP) and Options Through Education (OTE) Preceptors of AHANA Student Programs; Member of Division and Department Assessment Committees.

ANDREW FULLER, Staff Psychiatrist - joined UCS in 2015
Education/Training: B.S. Stanford University (Industrial Engineering); M.D. Harvard Medical School; Adult Psychiatry Residency, Cambridge Health Alliance, Harvard Medical School.
Theoretical Orientation: Psychodynamic, cognitive-behavioral, eclectic.

ANDREW GOUSE, Staff Psychiatrist - joined UCS in 2005
Education/Training: B.A. Harvard College (Psychology); M.D. Yale School of Medicine; Adult Psychiatry Residency: Brown University Psychiatry Training Program; Child Psychiatry Residency: Boston Children’s Hospital/Judge Baker Guidance Center.
Professional Experience: Staff Psychiatrist, Tufts University Health Services.
Professional Interests: Psychopharmacology, Late adolescent development, family dynamics.
YVONNE M. JENKINS, Senior Staff Psychologist – joined UCS in 1998.
Education/Training: B.S., Central State University (Ohio); M.Ed. Boston University; Ph.D. in Counseling Psychology, Boston College. APA-accredited internship at Center for Multicultural Training in Psychology at Boston Medical Center. Licensed Psychologist in MA.
Related Professional Experience: Private practice of psychotherapy, Faculty of Jean Baker Miller Training Institute at Wellesley College. Previously on the staff of Harvard University Health Services. Presentations related to cultural diversity and psychotherapy. Member of MA Board of Registration of Psychologists, Division of Professional Licensure.
Professional Interests: Culturally competent training and practice, impact of social variables on mental health, college mental health, women’s issues; learning challenges; first generation college students.
Theoretical Orientation: Psychodynamic, relational-cultural, systems, cognitive-behavioral.
Departmental Roles/Responsibilities: Trainer for Options through Education (OTE) Preceptors, Supervisor for Training Program, Member of Diversity Committee. Consultation to Thea Bowman AHANA Intercultural Center and Academic Standards Committee of Lynch School of Education.

EMILY KATES, Staff Psychologist - joined UCS in 2013
Education/Training: B.A. in Religion, Barnard College; Ph.D. in Clinical Psychology, California School of Professional Psychology; APA-accredited Internship at the University of Houston Counseling and Psychological Services
Professional Experience/Interests: Experiences include individual, group, and couples therapy, with adult, adolescent and child populations, in addition to cognitive, personality and neuropsychological assessment. Professional interests include emerging adult identity development; relational concerns; the intersecting impact of race, class and gender; religion and spirituality in therapy; and community-based interventions.
Theoretical Orientation: Relational psychodynamic, integrating developmental and multicultural perspectives
Department Roles/Responsibilities: Training Committee Member and Supervisor; Professional Development Committee Member; Groups Committee Member

PATRICK LATHAM, Senior Staff Psychologist – joined UCS in 2015
Education/Training: B.A. in Psychology, University of Colorado Boulder; Ph.D. in Clinical Psychology, University of Massachusetts Boston; APA-accredited Internship at the Center for Multicultural Training in Psychology at Boston Medical Center/Boston University School of Medicine.
Professional Interests/Experience: Interests include the impact of race and socioeconomic status on therapy; psychotherapy integration of relational-psychodynamic and cognitive-behavioral approaches; psychotherapy supervision/consultation. Experience includes providing psychotherapy to children, adolescents, and adults in individual, couple’s, and family treatment; clinical and administrative supervision in community- and teaching-hospital setting; consultation and training on the impact of race and racial identity on psychotherapy.
Theoretical Orientation: Integrative relational-psychodynamic and cognitive-behavioral; developmental; solution-focused; family systems.
Department Roles/Responsibilities: Training Committee member and supervisor; Member of Diversity Committee.

JUDITH W. LAWRENCE, Senior Staff Psychologist--joined UCS in 2014
Education/Training: A.B. in English, Oberlin College; M.A. in English, Columbia University; Ph.D. in Psychology, New York University. APA- accredited internship at McLean Hospital/Harvard Medical School; Post-doctoral fellowship at University Counseling Services, Boston College.
Professional Experience/Interests: Experience includes private practice of short- and long-term individual psychotherapy with young adults, teaching of psychopathology psychotherapy courses at the
masters’ level. Interests include identity development, mindfulness, psychoanalytic and attachment
theories, and integration of various psychotherapeutic approaches.

**Theoretical Orientation:** Primarily psychodynamic and relational, with integration of mindfulness and
cognitive-behavioral techniques where appropriate.

**Department Roles/Responsibilities:** Training Committee member.

**JOHANNA MALAGA, Staff Psychologist – joined UCS in 2012**

**Education/Training:** B.A. in Psychology, University of Miami; M.S. in Mental Health Counseling,
Nova Southeastern University; Psy.D. in Clinical Psychology, Nova Southeastern University; APA-
accredited Internship at Cambridge Health Alliance/Harvard Medical School, Postdoctoral Fellowship at
University Counseling Services, Boston College; Licensed psychologist in MA.

**Professional Interests/Experience:** Experiences include individual, group, and family therapy, adult and
child outpatient psychotherapy and assessment. Professional interests include: developmental psychology;
suicide prevention and suicide survivors; trauma; women’s issues; multicultural issues; first generation
college students; grief and loss, relational concerns.

**Theoretical Orientation:** Psychodynamic, cognitive behavioral, relational, humanistic, developmental
and multicultural approaches

**Department Roles/Responsibilities:** Training Committee Member and clinical supervisor, Member of
Students in Distress Committee, Member of Diversity Committee, Member of Groups Committee, Co-
facilitator for HEAL (sexual assault support group), Liaison for RA training, Liaison for The Women’s
Center

**MATTHEW ORENSTEIN, Postdoctoral Fellow – 2016-2017**

**Education/Training:** B.A., Denison University; M.S., Psy.D. in Clinical Psychology, Pacific University
School of Professional Psychology. Practicum placements at Pacific Psychology Clinic, Washington State
University—Vancouver’s Counseling and Testing Services, and Allies in Change. APA-accredited internship at the University of Northern Colorado’s Counseling Center.

**Professional Interests/Experience:** individual therapy and interpersonal process groups. LGBTQ and
multicultural concerns in psychotherapy, trauma, relationship issues; grief and loss.

**Theoretical Orientation:** Rooted in a mindfulness-based approach to Gestalt therapy incorporating
interpersonal, psychodynamic, existential, CBT, DBT, and feminist approaches as appropriate.

**SARAH PIONTKOWSKI, Staff Psychologist - joined UCS in 2015**

**Education/Training:** B.A. in Psychology, Mount Holyoke College; Ph.D. in Counseling Psychology,
University of Maryland, College Park; APA-accredited Internship at Suffolk University Counseling
Center; Postdoctoral Fellowship at University Counseling Services, Boston College.

**Professional Interests/Experience:** Individual and group psychotherapy; adolescent and young adult
mental health; relationships and attachment; identity development; multicultural issues and social justice;
disordered eating; trauma; resilience; and mindfulness.

**Theoretical Orientation:** Integrative relational psychodynamic; developmental; multicultural/feminist;
internal family systems; and mindfulness approaches.

**Department Roles/Responsibilities:** Member of Training Committee; Member of Diversity Committee

**ALESSANDRO PISELLI, Staff Psychologist – joined UCS in 2014**

**Education/Training:** B.A. in Psychology, University of Massachusetts Amherst; Ph.D. in Clinical
Psychology, University of Massachusetts Amherst; APA-accredited Internship and Postdoctoral
Fellowship, The Albert and Jesse Danielsen Institute at Boston University

**Professional Interests/Experience:** Experiences include individual, group, and couples psychotherapy;
neuropsychological, psychological, and spiritual assessment; and psychodynamic, cognitive behavioral,
motivational, and dialectical behavioral therapies. Interests include psychotherapy training, process
research, and integration; mindfulness practices; recovery from complex trauma; and increasing resilience among members of marginalized and disempowered groups.

**Theoretical Orientation:** Psychodynamic, relational, emotion-focused, dialectical behavioral, and client-centered.

**Departmental Roles/Responsibilities:** Member of the Training, Groups, and Professional Development committees.

**JON D. REEVES, Postdoctoral Fellow – 2016-2017**

**Education/Training:** B.A. George Fox University (Psychology); M.A. Fuller Theological Seminary (Psychology); M.A. Fuller Theological Seminary (Theology); Ph.D. Fuller Theological Seminary (Clinical Psychology). Practicum placements at Vanguard University, UCLA David Geffen School of Medicine, and Biola University Counseling Center. Psychological assistantship with Penners, Loewen, and Symington private practice. APA-accredited pre-doctoral internship at the University of Houston-Clear Lake.

**Professional Experience:** Individual, couples, and group psychotherapy with university students and community adults. Supervision and consultation of graduate clinicians. Outreach and workshop facilitation. Adjunct faculty.

**Professional Interests:** Clinical interests include psychotherapy for university students, trauma, attachment, identity development, sexuality and relationships, men’s issues, and personality disorders. Other professional interests include supervision, teaching, and writing.

**Theoretical Orientation:** Relational psychodynamic integrating existential, mindfulness, and cognitive-behavioral interventions.

**REBECCA N. SHOEMAKER, Postdoctoral Fellow- 2016-2017**

**Education/Training:** B.A. in Psychology, Wheeling Jesuit University; M.A. in Clinical Mental Health Counseling, Valparaiso University; Psy.D. in Counseling Psychology, Chatham University. APA-accredited internship at The College of William and Mary Counseling Center.

**Professional Interests/Experience:** Sexual identity and gender identity development; multicultural counseling and identity intersectionality; anxiety and perfectionism; mindfulness and stress management; depression; substance use issues; individual, couples, and group psychotherapy

**Theoretical Orientation:** Integration of humanistic, person-centered, interpersonal process, and CBT.

**JOEL SIMONS, Staff Clinician – Joined UCS in 2016**

**Education/Training:** B.A. in Communication, Messiah College; M.A. and Psy.D. in Clinical Psychology, George Fox University; APA-Accredited Internship, Cambridge Health Alliance/Harvard Medical School; Postdoctoral Fellowship, Boston College University Counseling Services

**Professional Interests/Experience:** Individual and group psychotherapy; consultation; developmental and identity concerns; relationship issues; medical difficulties; anxiety and depression; trauma

**Theoretical Orientation:** Psychodynamic, integrating cognitive behavioral and mindfulness strategies

**Department Roles/Responsibilities:** Member of Training Committee; Member of Professional Development Committee

**EILEEN T. SUHRHOFF, Associate Director - Joined UCS in 2010**

**Education/Training:** B.S. and M.S. in Education, SUNY Buffalo; Psy.D. in Clinical Psychology, Antioch University. Practicum placement at McLean Hospital/Harvard Medical School; APA-accredited Internship at Boston Regional Medical Center, Doctoral Fellowships at Dana Farber and Children’s Hospital Boston; Post-doctoral Fellowship at Harvard Community Health Plan; Externships at Psychoanalytic Institute of New England and the Psychodynamic Couple and Family Institute of New England. Licensed Psychologist in MA.

**Professional Experience:** Private Practice with individuals, couples and children, Consultation, Program development within schools and hospitals, teaching and Supervision.
Professional Interests: Individual and couples psychotherapy, supervision and training. Specific interest in identity development, women’s issues, psychoanalysis, attachment studies, adoption, bereavement, treatment of complex trauma, substance abuse, anxiety and depression.

**Theoretical Orientation:** Psychodynamic, developmental and integrative within a relational cultural perspective.

**Department Roles/Responsibilities:** Associate Director of Clinical Services, Training Committee Member and Supervisor; Director of Professional Development for UCS, Member of the University Behavioral Evaluation Team and Department Assessment Committee, Chair of the Student in Distress Committee, Liaison to Lynch School of Education

**ROBERT TITTMANN, Staff Psychiatrist** - joined UCS in 1999
**Education/Training:** B.A. Yale College; M.D. Brown-Dartmouth Program in Medicine; Residency in Adult Psychiatry at The Cambridge Hospital, Harvard Medical School; Fellowship in Psychoanalytic Psychotherapy at The Austen Riggs Center.

**Professional Experience:** Private Practice; Lecturer at Harvard Medical School; Formerly on staff at The Tri-City Mental Health Center Outpatient Clinic.

**Professional Interests:** Individual, couple and family therapy for adults and adolescents; personality disorders; psychoanalysis.

**Theoretical Orientation:** Interpersonal, psychodynamic, eclectic.

**NATASHA TORKELSON, Postdoctoral Fellow – 2016-2017**
**Education/Training:** B.A. in Psychology – University of Southern California; M.A. in Counseling Psychology – Santa Clara University; PhD. in Counseling Psychology – Boston College; APA-accredited Internship at Suffolk University Counseling, Health, and Wellness Center.

**Professional Experience/Interests:** Individual therapy with adult; adolescent and young adult mental health; psychological assessment; working with Students of Color; Multiracial issues; racial identity; complex trauma; intersectional identities; first generation college students; multicultural issues; women’s issues; social justice; and the impact of oppression and discrimination on mental health

**Theoretical Orientation:** Relational Psychodynamic, Relational-Cultural, developmental-contextual

**LYNN WALSH-BLAIR, Staff Clinician** – joined UCS in 2016
**Education/Training:** B.A. in Psychology, Mount Holyoke College; M.A. in Mental Health Counseling, Boston College; Ph.D., Counseling Psychology, Boston College. APA-accredited Internship at University of Massachusetts, Amherst, Center for Counseling and Psychological Health. Licensed Mental Health Clinician in MA.

**Professional Interests/Experience:** Experiences include individual and group therapy with children, adolescents, and adults; treatment to support and manage anxiety, depression, trauma, and grief; issues related to intersectionality and identity, and multicultural issues; students of Color and First-Generation college students; women’s issues; questions regarding gender and sexuality; and emerging adulthood. Research interests are related to resilience and resistance factors for students of Color in college.

**Theoretical Orientation:** Integrative culturally competent, relational-psychodynamic and cognitive-behavioral; developmental; family systems; and mindfulness.

**Department Roles/Responsibilities:** Training Committee Member