# UNIVERSITY COUNSELING SERVICES BOSTON COLLEGE

#### CLINICAL STAFF 2013 - 2014

## JULIE M. AHNALLEN, Senior Staff Psychologist - joined UCS in 2007

**Education/Training:** B.A. Wesleyan University; Ph.D. in Clinical Psychology, University of Massachusetts Boston. APA-accredited Internship at Children's Hospital Boston. Postdoctoral Fellowship at Division of Adolescent Medicine, Children's Hospital Boston. Licensed Psychologist in MA.

**Professional Interests:** Culturally competent training and practice; racial and ethnic identity development; immigration experiences; Asian American psychology; women's issues; bereavement issues; trauma; eating disorders; treatment of anxiety and depression. Research interests are related to identity development in marginalized groups.

**Theoretical Orientation:** Integrative psychodynamic, developmental-cultural, relational, and CBT approaches

**Departmental Roles/Responsibilities:** Training Committee member and supervisor; Facilitator for Multicultural training; Liaison to Women's Resource Center; Mays Mentoring Program; Chair of Asian and Asian American Mental Health Committee; Sisters Let's Talk advisory board member; and Asian Pacific Islander Employees Association advisory board member.

# JEANINE E. BAILLIE, Staff Psychologist – joined UCS in 2010

**Education/Training:** B.A. in Psychology, Brown University; Psy.D. in Clinical Psychology and certificate of specialization in Latino Mental Health, Massachusetts School of Professional Psychology (MSPP), Professional Psychology Program; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.

**Professional Interests/Experience:** Experiences include bi-lingual (Spanish/ English) individual and group psychotherapy with adults, children, and families; individual and community crisis interventions; teaching; and social justice. Professional interests include working with trauma and grief, depression, anxiety disorders, eating disorders, questions regarding gender and sexuality, relationship concerns, multicultural issues and issues related to immigration, identity development, family systems, and global mental health. Doctoral paper: "Mi Casa No Es Su Casa: Exploring the Psychological Consequences of the 2007 New Bedford Immigration Raid."

**Theoretical Orientation:** Cross Cultural, Psychodynamic, Family Systems, Developmental, Interpersonal with Cognitive Behavioral Therapeutic (CBT) and Mindfulness techniques. **Department Roles/Responsibilities:** Training Committee Member and Supervisor; Professional Development Committee Member; Asian and Asian-American Focus Group Committee Member; Students in Distress Committee Member; Sexual Assault Committee Member; Triage Committee Member; Sister's Let's Talk Advisory Board Member; LGFSAA Steering Committee Member; and

Rainbow Alliance Committee Member.

**CRAIG D. BURNS, Director of Training & Senior Staff Psychologist** - joined UCS 2006 **Education/Training**: B.A. Brown University; Ph.D. in Clinical Psychology, Catholic University of America; APA-accredited Internship at Brockton/Worcester VA Hospital/Harvard Medical School; Postdoctoral Fellowship at University Counseling Services, Boston College; Licensed psychologist in MA.

**Professional Interests/Experience:** Individual and group psychotherapy; application of mindfulness and stress management in psychotherapy; psychotherapy with athletes; substance abuse treatment; complex trauma; relational disorders; psychotherapy supervision.

**Theoretical Orientation:** Integrative psychodynamic, relational, and CBT approaches.

**Departmental Roles/Responsibilities:** Director of Postdoctoral Training Program; Training Committee member and supervisor; Liaison to Alcohol Intervention Meeting team; Liaison to GLC; Trainer for

Options Through Education (OTE) Preceptors of AHANA Student Programs; Trainer for Sexual Assault Network (SANET); Member of Division and Department Assessment Committees.

#### HERCILIA CORONA, Postdoctoral Fellow, 2013-2014

**Education/Training:** B.A. in Clinical/Community Psychology, University of New Haven; Ph.D. in Clinical Psychology, University of Massachusetts Boston; APA-accredited Internship at Cambridge Health Alliance/Harvard Medical School

**Professional Interests/Experience:** Experiences include individual and group psychotherapy with diverse adults, children and families in community, hospital, and university settings. Professional interests include: Bicultural and Bilingual (Spanish) psychotherapy; identity development; Latino/a mental health; multicultural issues; issues of class; immigration; first generation college students.

Theoretical Orientation: Psychodynamic, Relational, Developmental, Eco-systemic

## ERIN K. CURTISS, Associate Director - joined UCS in 2000

**Education/Training:** B.A. Wesleyan University; Ph.D. in Clinical Psychology, Boston University. APA-accredited Internship at the Massachusetts Mental Health Center. Postdoctoral Fellowship at Mt. Auburn Hospital, Cambridge, MA. Licensed Psychologist in MA.

**Professional Interests:** Individual and group psychotherapy; family adjustment to chronic medical and mental illness; bereavement; issues facing first-generation college students; treatment of anxiety disorders, trauma, major mental illness; clinical training and supervision.

**Theoretical Orientation:** Psychodynamic, cognitive-behavioral.

**Departmental Roles/Responsibilities:** Associate Director of Counseling Services; Training Committee member and supervisor; Body Confidence Committee; Mays Mentoring Program.

## ANDREW GOUSE, Staff Psychiatrist - joined UCS in 2005

**Education/Training:** B.A. Harvard College (Psychology); M.D. Yale School of Medicine; Adult Psychiatry Residency: Brown University Psychiatry Training Program; Child Psychiatry Residency: Boston Children's Hospital/Judge Baker Guidance Center.

**Professional Experience:** Staff Psychiatrist, Tufts University Health Services.

Professional Interests: Psychopharmacology, Late adolescent development, family dynamics.

# YVONNE M. JENKINS, Senior Staff Psychologist – joined UCS in 1998.

**Education/Training:** B.S., Central State University (Ohio); M.Ed. Boston University; Ph.D. in Counseling Psychology, Boston College. APA-accredited internship at Center for Multicultural Training in Psychology at Boston Medical Center. Licensed Psychologist in MA.

**Related Professional Experience:** Private practice of psychotherapy, Faculty of Jean Baker Miller Training Institute at Wellesley College. Previously on the staff of Harvard University Health Services. Presentations related to cultural diversity and psychotherapy. Member of MA Board of Registration of Psychologists, Division of Professional Licensure.

**Professional Interests:** Culturally competent training and practice, interested in the impact of race, culture, and other social factors on mental and social health, and college mental health; women's issues; learning and attention disorders; first generation college students.

**Theoretical Orientation:** Psychodynamic, relational-cultural, systems, cognitive-behavioral. **Departmental Roles/Responsibilities:** Trainer for Options through Education (OTE) Preceptors of AHANA Student Programs, consultation to AHANA, trainer for Sexual Assault Network (SANET). Primary supervisor for Postdoctoral Training Program, Training Committee.

#### EMILY KATES, Postdoctoral Fellow, 2013-2014

**Education/Training:** B.A. in Religion, Barnard College; Ph.D. in Clinical Psychology, California School of Professional Psychology; APA-accredited Internship at the University of Houston Counseling and Psychological Services

**Professional Experience/Interests:** Experiences include individual, group, and couples therapy, with adult, adolescent and child populations, in addition to cognitive, personality and neuropsychological assessment. Professional interests include emerging adult identity development; relational concerns; the intersecting impact of race, class and gender; religion and spirituality in therapy; and community-based interventions.

**Theoretical Orientation:** Relational psychodynamic, integrating developmental and multicultural perspectives

## **AARTI KHULLAR, Staff Psychologist** – joined UCS in 2011

**Education/Training:** B.A. in Psychology & B.S. in Rehabilitation and Human Services, Boston University; Psy.D. in Clinical Psychology, The Chicago School of Professional Psychology; APA-accredited Internship at the Johns Hopkins University Counseling Center. Licensed Psychologist in MA. **Professional Interests/Experience:** Experiences include individual, group and couples counseling with college-student population, adult outpatient psychotherapy and inpatient crisis intervention. Professional interests include: integrative individual therapy; group psychotherapy; college student population; relational concerns; intrapsychic conflicts; multicultural issues; identity concerns.

Theoretical Orientation: existential, integrative psychodynamic & multicultural approaches

### JOHANNA MALAGA, Staff Clinician – joined UCS in 2012

**Education/Training:** B.A. in Psychology, University of Miami; M.S. in Mental Health Counseling, Nova Southeastern University; Psy.D. in Clinical Psychology, Nova Southeastern University; APA-accredited Internship at Cambridge Health Alliance/Harvard Medical School

**Professional Interests/Experience:** Experiences include individual, group, and family therapy, adult and child outpatient psychotherapy. Professional interests include: integrative individual therapy; bilingual (Spanish/English) psychotherapy; developmental psychology; attachment; suicide prevention and suicide survivors; trauma; women's issues; multicultural issues; first-generation college students

**Theoretical Orientation:** integrative psychodynamic & cognitive behavioral approaches, relational, family systems

**THOMAS P. McGUINNESS, Director of University Counseling Services** - joined UCS in 1989 **Education/Training:** Ph.D. in Counseling Psychology, University of Pennsylvania; B.A. Seton Hall University; M.S. Miami University; Washington School of Psychiatry, advanced training in organizational consultation, group dynamics and psychotherapy; A.K. Rice Institute, group relations training. Licensed Psychologist in MA.

**Professional Experience:** Director of Counseling Centers at Georgetown University and St. Joseph's University; Past Associate, A.K. Rice Institute; Organizational Consultation; Presenter at the Association of University and College Counseling Center Directors annual meetings.

**Professional Interests:** Psychotherapy; clinical consultation; university mental health issues; group relations and systems theory; organizational and process consultation.

### CHRISTINE L. MERKLE, Assistant Director - joined UCS in 1971

**Education/Training:** B.A., Duquesne University; M.Ed. and Ph.D. in Counseling Psychology, Boston College; Institute in Behavior Therapy, training in theoretical and clinical applications of behavioral therapy with Joseph Wolpe. Licensed Psychologist in MA.

**Professional Interests:** Individual and group therapy. Particular clinical interests in following areas: anxiety disorders, eating disorders, substance abuse and addictive disorders, relapse prevention, stress management, women's development, gender and cultural differences. Teaching; Consultation; Conduct career interest workshops using the Strong Interest Inventory.

**Theoretical Orientation:** Cognitive-behavioral therapist with integration of other theoretical models.

**Education/Training:** B.Sc. in Psychology, University of Zagreb, Croatia; Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology; internships at the Northeastern University Health and Counseling Center and at the Tufts University Counseling Center; Postdoctoral Fellowship at University Counseling Services, Boston College. Licensed Psychologist in MA.

**Professional Interests:** Individual and couple therapy; men's mental health issues and psychotherapy; counseling of international students; working with dreams in psychotherapy; integrative approaches to psychotherapy.

**Theoretical Orientation:** Humanistic/Psychodynamic/Cognitive-behavioral - integrative approach.

# REGINA MITCHELL, Staff Psychiatrist - joined UCS in 1998

**Education/Training:** B.S. in Chemistry, Roosevelt University, Chicago, Illinois; M.D. University Of Illinois, Champaign-Urbana; Internship in Medicine, Cambridge Hospital, Harvard Medical School; Residency, Massachusetts Mental Health Center. Candidate in Psychoanalytic Training, Psychoanalytic Institute of New England.

**Professional Experience:** Private Practice in general psychiatry and psychoanalysis. Formerly, Clinical Psychiatrist at Harvard University Health Services, Beth Israel Deaconess Medical Center and the Mass. Mental Health Center.

**Professional Interests:** Psychotherapy, adults and adolescents; Psychoanalysis.

# DAVID JOHN SMITH, Senior Staff Psychologist - joined UCS in 1968

**Education/Training:** B.S. Wheeling Jesuit College; Training in physical and psychiatric medicine at Georgetown Medical School (2 years); M.A. and Ph.D. in Counseling Psychology, Boston College. Licensed Psychologist in MA.

**Professional Interests:** The psychology of men; clients with learning and attentional disorders; spirituality and psychological functioning; sexual orientation concerns; male students who have barely addressed such issues as boyhood abuse, early attachment disruptions, and absence of or dysfunctional relationships with their fathers.

**Theoretical Orientation:** Interpersonal, humanistic, psychodynamic.

**Departmental Roles/Responsibilities:** Created and facilitate the *B.C. Men's Group*; Coordinator, UCS Emergency Coverage System; Chaired the B.C. Committee on Learning Disorders for 20 years.

## JESSICA PFEFIER STEWART, Postdoctoral Fellow 2013-2014

**Education/Training:** B.S. in Psychology, Northeastern University; Ed.M. in Counseling Psychology with a specialization in Sport Psychology, Boston University; Psy.D. in Clinical Psychology, Massachusetts School of Professional Psychology. Externships at Harvard University, Department of Athletics; Massachusetts Mental Health Center, Partial Hospital; Internship at Brookline Community Mental Health Center.

**Professional Interests:** Individual and group psychotherapy; Psychotherapy with athletes; Learning Differences; ADHD; Mind-body connection; Resilience; Sport psychology consulting with individuals, teams, and coaching staffs

**Theoretical Orientation:** Relational dynamic; Biopsychosocial; Psychodynamic; Dialectical Behavioral Therapy (DBT); Integrative

# EILEEN T. SUHRHOFF, Senior Staff Psychologist - joined UCS in 2010

**Education/Training:** B.S. and M.S. in Education, SUNY Buffalo; Psy.D. in Clinical Psychology, Antioch University. Practicum placement at McLean Hospital/Harvard Medical School; APA-accredited Internship at Boston Regional Medical Center, Doctoral Fellowships at Dana Farber and Children's Hospital Boston; Post-doctoral Fellowship at Harvard Community Health Plan; Externships at Psychoanalytic Institute of New England and the Psychoanalytic Couple and Family Institute of New England. Licensed Psychologist in MA.

**Professional Experience**: Private Practice with individuals, couples and children. Program development within schools and hospitals, teaching and supervision.

**Professional Interests:** Individual and couples psychotherapy, supervision and training. Specific interest in identity development, women's issues, psychoanalysis, attachment studies, bereavement, treatment of complex trauma, substance abuse, anxiety and depression and adoption issues.

**Theoretical Orientation:** Psychodynamic, developmental and integrative.

**Department Roles/Responsibilities:** Training Committee Member and Supervisor; Director of Professional Development for University Counseling Services; Department Liaison to the Lynch School of Education.

### ROBERT TITTMANN, Staff Psychiatrist - joined UCS in 1999

**Education/Training:** B.A. Yale College; M.D. Brown-Dartmouth Program in Medicine; Residency in Adult Psychiatry at The Cambridge Hospital, Harvard Medical School; Fellowship in Psychoanalytic Psychotherapy at The Austen Riggs Center.

**Professional Experience:** Private Practice; Lecturer at Harvard Medical School; Formerly on staff at The Tri-City Mental Health Center Outpatient Clinic.

**Professional Interests:** Individual, couple and family therapy for adults and adolescents; personality disorders; psychoanalysis.

Theoretical Orientation: Interpersonal, psychodynamic, eclectic.