INTERESTS - Questions to Consider

Think about each question and respond honestly. Notice themes that might emerge which could be clues to major choice and/or career interest areas.

- What do you do well (if you aren’t sure, ask a friend or family member)?

- When reading newspapers, magazines, surfing the Internet, and/or watching television, which issues/topics are you naturally drawn to?

- What are / have been your favorite classes?

- Time travel: Which careers did you want to pursue as a child?

- What activities or hobbies do you like to do now in your spare time? What were you favorite activities in high school?

- If money were no object, how would you make a living?

- What kinds of things are you doing when you lose track of time?

- If you won the lottery, to which causes/issues would you give the money?

- What are your favorite sections of the library or bookstore?

- If you were a reporter, what kinds of stories would you write?

- What kinds of information do you find most fascinating?
• Of all of the people you know or know of, who do you think has the most interesting job?

• Name three people whom you admire? Why?

• When do you feel most authentically yourself?

• Complete this sentence: Success to me means..._________________________

What themes do you see?

What are some action steps you can take to follow up on themes or interest areas?

1. ___________________
2. ___________________
3. ___________________
4. ___________________
5. ___________________