

**LYNCH SCHOOL OF EDUCATION PROFS GOODMAN AND HELMS  
HONORED FOR TEACHING, MENTORING, RESEARCH**

CHESTNUT HILL, MA (November 2007) -- Two faculty members in BC's Lynch School of Education department of counseling psychology recently have received several prestigious awards from national psychological associations.



**Dr. Janet E. Helms** has won the 2008 Award for Distinguished Contributions to Research in Public Policy from the American Psychological Association (APA), the largest association of psychologists worldwide. She also has received the 2007 Distinguished Psychologist Award from the Association of Black Psychologists.

Dr. Helms is the Augustus Long Professor of counseling psychology and director of The Institute for the Study and Promotion of Race and Culture at the Lynch School. She is a Fellow in both the counseling psychology and ethnic diversity divisions of the APA, and has written over sixty empirical and theoretical articles and four books on the topics of racial identity and cultural influences on assessment and counseling practice, including *A Race Is a Nice Thing To Have* and (with Donelda Cook) *Using Race and Culture in Counseling and Psychotherapy: Theory and Process*.

Dr. Helms previously has been acknowledged for her work with awards which include an engraved brick in Iowa State University's Plaza of Heroines and the "Distinguished Career Contributions to Research" award from the Society for the Psychological Study of Ethnic Minority Issues, awarded at the APA convention. In 1991, she was the first annual recipient of the "Janet E. Helms Award for Mentoring and Scholarship in Professional Psychology," inaugurated in her honor by Columbia University Teachers College.



**Dr. Lisa Goodman**, associate professor of counseling psychology, has won the Bonnie R. Stickland and Jessica Henderson Daniel Award for Distinguished Mentoring, as well as the 2007 Award for Outstanding Graduate Teaching and Mentoring from the APA's Society for the Psychological Study of Social Issues, and was named an APA Fellow.

Dr. Goodman's areas of focus include institutional and community responses to intimate partner violence; the role of coercion in domestic violence; the effects of violence against underserved women, including homeless, low-income, and severely mentally ill populations; innovative models of mental health intervention for low-income women.

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