



# wound care

*Population Differences is Topic of Innovations in Clinical Practice Presentation*

*Contributed by Jean O'Neil*

Alpha Chi members who gathered on Wednesday, January 28, 2004, in the Heights Room at Boston College for the Clinical Innovations Dinner program appreciated the extra effort the speaker made in traveling from Virginia. They warmly received Courtney H. Lyder, N.D., who drove to Washington, DC, only to find the airport closed because of snow, and turned around to exchange his car for a bus to Union Station and a train to Boston. Attendees also enjoyed the enthusiasm and humor that he injected into his talk on a potentially dry topic.

Dr. Lyder earned his nursing doctorate at Rush University and is currently University of Virginia, Charlottesville, Medical Center Professor and Professor of Internal Medicine and Geriatrics. He also participates at the Federal government level in developing Medicare protocols. Dr. Lyder has special interests in long term care, gerontology and care for people of color. He described his development of a research program on minority skin and wound care as a journey to the unknown. He expressed gratitude to mentoring nurse leaders during his education: Mildred Kemp, PhD, FAAN, Nancy Bergstrom, PhD, FAAN, Barbara Braden, PhD, FAAN and as his career progressed: Rhetaugh Dumas, PhD, RN, FAAN, Mary Starkes Harper, PhD, RN, FAAN, Beverly Malone, PhD, RN, FAAN and May Wykle PhD, RN, FAAN. He also attributed his motivation to care for patients of color who had advanced pressure ulcers, which led him to ask questions about early detection of this problem. The journey began with a literature review on indications of Stage 1 pressure ulcer and publication of the findings where a color change of non-blanchable erythema prevailed. Further search for inclusion of ethnic minorities in pressure sore prediction studies revealed absence of and verified need for their representation.

Dr. Lyder was funded in 1997 to replicate the Braden

Scale in Black and Hispanic/Latino elder adults at a tertiary hospital. Black incidence of pressure ulcer at 21% exceeded that of Hispanic/Latino at 11%. The optimal Braden Scale cut-off score for both populations for risk was higher than in previous studies on non-minority populations. Additionally, Dr. Lyder used photos to demonstrate that the commonly accepted sign of non-blanchable erythema was not useful with people of color. He noted that an "ulcer appears as a defined area of persistent redness in lightly pigmented skin, whereas in darker skin tones, the ulcer may appear with persistent red, blue, or purple hues".



*Dr. Courtney Lyder at the Clinical Innovation Program with Callista roy of the Program Committee (R) and President Mary Margaret Segraves.*

His next study was retrospective chart review to identify care factors in addition to assessment that might impact the higher rates of pressure ulcer occurrence he found in Black and Hispanic/Latino populations. Results indicated that skin assessment was performed daily at a 96% level. However, Blacks and Hispanics were less likely to receive pressure-reducing devices, risk documentation, regular repositioning, and nutritional consultations as interventions.

In addition to promulgating these findings in order to influence care, Dr. Lyder is studying other skin care problems that emerge in long-term care with population differences, for example, perineal dermatitis especially in incontinent patients.

He briefly described current developments in technology that might improve assessment of skin and his own efforts to develop a tool for assessing persons with darkly pigmented skin. He announced the inclusion of skin and wound care as a quality indicator for care that is being considered by the Medicare Patient Safety Initiative Project.

Lively discussion enhanced by the number of attendees who were clinical nurses specializing in care of patients with wound care problems followed his presentation.

# nursing impacts

*Patient and Caregiver Outcomes in Cancer Care*

The annual Alpha Chi Spring Research Program was held at the Shea Room, Conte Forum on May 5, 2004. Dr. Ruth McCorkle, director of the Center for Excellence in Chronic Illness Care at Yale University, kept a large contingent of Chapter members spellbound as she professionally though humorously related the history of her illustrious career as an oncology nurse specialist and researcher.

Dr. McCorkle started as a diploma graduate working as an operating room nurse, but soon saw the value of furthering her education, achieving her bachelor's and master's degrees in due course. With her advanced degrees, she obtained experience at the pioneering St. Christopher's Hospice in England, which greatly influenced her later career trajectory as an oncology nurse specialist: "Suffering was stupid." The travails of getting a Ph.D. in interdisciplinary studies (no nursing doctorate available at the time and locale) drew peals of laughter from her audience with stories of her five-member committee from different disciplines, one who died and one who was not granted tenure during her dissertation phase.



*Research Program Speaker Ruth McCorkle.*

The theoretical framework of Glazer and Strauss formed the basis of her doctoral research study on female lung cancer patients from diagnosis to death. This allowed her to pursue a grant to study the role of advanced practice nurses and how they could make a difference in cancer clinic patients. She did not receive the grant since no outcome measurements were included, but did receive one to develop a graduate oncology nursing program and later to work on instrument development with psychometricians. The results were two instruments, a Symptom Distress Scale with thirteen items and an Enforced Social Dependency Scale of ten items on personal and social competence, which have underlain her subsequent research and have been used extensively in a variety of nursing and non-nursing research projects in the United States and around the world, having been translated into a score of other languages.

Many of her studies on cancer and cardiac patients used Crisis Theory with its 4 week framework and Existential Plight with a 100 day framework to determine whether advanced practice nurse care could improve the patients' illness trajectory, and she indeed found differences in distress levels and competency levels. Since her study sites included home visiting, she later

incorporated the impact of advanced practice nurses on cancer victims' spouses' psychological distress in her research, and found major differences in how well they survived the death of their spouse. She described the impact that these results had on legislation such as the Family Leave Bill for caregivers. Later research studied gender and age differences.

The art of mentoring provided a major theme for Dr. McCorkle's presentation. Along the way, she had many notable nursing leaders as mentors, starting with Jean Beniel to provide feedback on research designs and grant writing. She spoke in a refreshingly candid way about the "game" of grant writing and eloquently about the need for nurse researchers to nurture research teams toward the growth of the science of the discipline vs. individual fame. She recommended becoming involved with different types of professional organizations for cross-fertilization, and to remember to celebrate all forms of nursing research. A lively questions and answer period followed her prepared remarks.

The Research Development Committee chaired by Mary Margaret Segraves planned the Spring Research Program, for the first time granting Continuing Education Units. Dr. McCorkle's presentation was preceded by a poster session, which presented six interesting research projects. Last year's recipients of Alpha Chi Research Grants gave evidence of the worthiness of supporting this Chapter endeavor. Katharine Rosa, presented "Newman's research as praxis: Health as expanding consciousness and living with lower extremity chronic skin wounds," while Janice Goodman along with June Horwitz presented "A longitudinal study of maternal postpartum depression symptoms." Ann Dylis presented "Family functioning in parents of children with neurofibromatosis I: A nursing path analysis, and Patricia Tabloski and two colleagues presented "Subjective and objective ratings in nursing home residents with Alzheimer's Disease." Members of other Chapters of STTI were encouraged to participate, and Holly Harner presented "Reducing cardiovascular risk in incarcerated women: A meditation and yoga-based approach," while Elizabeth Gettings and Kathleen Brush of Massachusetts General Hospital presented "Outcomes of post-operative critically ill patients with heparin-induced thrombocytopenia." Researchers were available for discussion of their research with the Alpha Chi attendees.

# Hospital Based Nursing Research



Nancy Kruger, DNSc, RN  
*Vice President, Patient Care Services and Chief Nursing Officer*  
 Ann Hurley, DNSc, RN  
*Executive Director, Center for Excellence in Nursing Practice*  
 Diane Lancaster, PhD, RN  
*Nurse Researcher*

Hospitals are a rich environment for clinical nursing questions that could generate nursing research projects. Due to ready access to the desired patient populations, hospitals also provide a "laboratory" for conducting research, as well as a setting for rapidly translating research results into practice changes that benefit patients, families, and staff. In this paper we describe a variety of mechanisms that are used to support nursing research activities at Boston's Brigham and Women's Hospital (BWH).

The Center for Excellence in Nursing Practice (CENP) is the research arm of the BWH nursing department. The CENP was established in 2000 to enhance the standards of nursing care at BWH through 1) creation of integrated programs to support the conduct and utilization of nursing research, and 2) generation, dissemination, and application of new nursing knowledge to professional practice. These functions are all central to the research, practice, and teaching missions of BWH. The Center staff consists of two full-time and one part-time doctorally-prepared nurse researchers, a healthcare analyst, and an administrative assistant. The CENP home page:

[ <http://www.brighamandwomens.org/cne> ]

provides descriptions of the Center's current areas of research, annual awards, and educational programs.

Research and scholarly activities are essential to advancement of practice. Three fiscal sources support CENP activities. Operational funds support projects directly related to improving systems of care. For example, the "Prepare for Surgery" project is examining techniques of relaxation, visualization, emotional support, and use of therapeutic statements on pre-operative anxiety, post-operative pain, and length of stay in a total joint replacement patient population. An ongoing project, "New Hire Survey," obtains the opinions of newly hired BWH nurses regarding their orientation program and survey findings are shared with the nursing leadership team. The leadership team then intervenes to address the issues identified and /or sustain the gains made in staff satisfaction.

Extramural research support underwrites CENP salary costs and provides for research assistance to conduct projects related to individual programs of research. For example, Ann received funding from AHRQ and the Partners IS department for a quantitative and qualitative evaluation of the impact of converting from our current medication administration system to use of barcode and eMAR technology. In February, Diane submitted an NIH level grant application for a K-23 award to the NINR to obtain funding to support her program of research that investigates how women at increased risk for breast cancer appraise and cope with that health threat.

Philanthropic support assists the Center to establish endowed funds to support specific nursing awards, e.g. the Lily Kravitz Research Award and Mary Fay Enrichment Award. Donations that are not contributed to an endowed fund are used within a few years after they are received and donors receive reports of the results and impact of their donations, for example, the Hahnemann Hospital Foundation support for the Center's GRANT educational programs. The Lily Kravitz Nursing Studies Award was established by Dr. Arthur Kravitz and his family to acknowledge the nursing profession and its tradition of caring. Named in memory of Dr. Kravitz's mother, the Lily Kravitz Nursing Studies Award provides financial support for nursing research studies, research utilization projects, or clinical projects that are designed to contribute to improved quality of care, enhanced quality of life, increased patient satisfaction, empowerment of patients, families, and caregivers, or improved interdisciplinary collaboration among caregivers. Some of the nursing research projects supported by this award include:

- Organizational Restructuring and Newly Employed Staff Nurses;
- Development of a Socio-economic Acuity Questionnaire for Ambulatory Patients;
- Telephone Follow-up for Breastfeeding Support After NICU Discharge;
- Breast pump study among adolescent moms;
- Development of an IV therapy workload measurement system; and
- Unearthing Clinical Scholarship.

The Mary Fay Enrichment Award enables nurses to travel, observe and learn from others in centers of excel-

lence at other sites and to bring back to the Brigham and Women's Hospital the knowledge that they have gained as a result of their experiences. Funded by Mr. and Mrs. Yousuf Karsh and Dr. Marshall Wolf, this award has supported nurses' projects in the areas of:

- Developing a program for information literacy skills for nurses;
- Creating a customer service culture in the Emergency Department;
- Impact of a home visit on duration of breast feeding among normal newborns;
- Developing a NICU ethics lecture and discussion series;
- Application of the principles of family centered care using the Nursing Mutual Participation Model of Care for families of 32-35 week premature infants;
- Nurses' Knowledge and Attitude toward the use of Continuous CCO/Svo2 Monitoring in Critically Ill Cardiac Surgery Patients;
- Identifying and establishing Nursing Standards of Care for Families Undergoing Fetal Intervention;
- Nursing Development: Incorporation of Video Education in Online Learning Environments;
- Examining the Impact of a Home Visit on the Duration of Breast feeding of Discharged Normal Newborns;
- Development of an Oocyte Donation Recruitment Program;
- Critical Care Obstetric Nursing Skills: Getting them and keeping them;
- Application of educational resources on neurodevelopmental care practices and outcomes in the NICU; and
- Developing a Palliative Care Advanced Disease Pathway in the MICU.

GRANT. To help staff who have great clinical questions but who need help to study those ideas, the CENP developed the GRANT (Getting Research and Nurses Together) program. GRANT is a series of educational workshops and individual consultation provided by Center staff and designed to facilitate the development of basic research skills in nurses whose current primary role is to provide direct patient care. Funding from the Trustees of the Hahnemann Hospital has provided substantial outside support for GRANT. This program touched nurses at BWH as well as extending its impact to nursing staff at Beth Israel Deaconess, Children's, Dana Farber Cancer Institute and Spaulding Rehabilitation Hospitals.

The CENP researchers collaborate with faculty from the Boston College William F. Connell School of Nursing. Ann

Hurley from the CENP is working with BC's June Horwitz on the project, *CARE Intervention for depressed mothers & their infants*. Ann is Visiting Scholar at BC and June is Senior Scientist at BWH. Ann is also a consultant for another BC faculty member, Ellen Mahoney's project entitled *Reminiscence during bathing persons with Alzheimer's disease at home*. In collaboration with Cathy Read (BC), Ann will be part of the Center for the Advancement of Nursing Science symposium on *Reducing Disparities in Access to Genetic Healthcare in Vulnerable Populations*. Cathy will present *Measuring Client Responses to Genetic Information: A Psychometric Evaluation* and Ann will present *Complexity of motivating factors surrounding the decision made by first-degree relatives of persons with Alzheimer's disease (AD) for learning their genetic susceptibility for AD*. Diane Lancaster from the CENP is in the initial stages of collaborating with Robin Wood in the area of breast cancer among women 65 years of age and older. Diane is a Visiting Scholar at BC and Robin had been invited to be a Senior Scientist at BWH.

To disseminate nursing knowledge, the CENP provides Nursing Research Grand Rounds in which nurses share research findings from their programs of research or individual projects. The Friends of BWH support the Frances Donovan Nursing Research Scholar in which a renowned nurse researcher (Dr. Janice Morse in 2002, Drs. Neville Strumpf and Lois Evans in 2003, and Dr. Audrey Nelson in 2004) spend two days at BWH to report their research, consult with clinical staff, meet with key nursing committees, and present their research at combined Medical/ Nursing Grand Rounds. BC and BWH combined resources and Audrey was also the BC Daniel Rubenstein lecturer in 2004, presenting her program on promoting safety.

As a profession, we need to apply research-based knowledge to our practice areas so that nurses can provide efficient nursing care while maintaining the highest standards of professional practice, compassionate nurse/patient relationships and strong interdisciplinary collaboration. Such efforts will serve to inform tomorrow's practice from today's research.

The above article continues a planned series a "Knowledge for Practice." Ideas or articles for future editions are welcomed. Please contact the editor at:

[bpadden@comcast.net](mailto:bpadden@comcast.net)

# alpha chi induction

The 2004 induction of new members into Alpha Chi Chapter of Sigma Theta Tau International took place on Sunday, April 18, 2004 in the Heights Room, Lower Campus. The morning event opened with a lovely brunch arranged by the Program Committee chaired by Joyce Pulcini, and enjoyed by inductees and their families and guests. Following the brunch, Mary Margaret Segraves, President of Alpha Chi Chapter opened with ceremony with greetings from the Chapter.

Chapter Counselors Rosanna DeMarco and Rita Olivieri conducted the Induction Ceremony, assisted by President Segraves and President-Elect

Robin Wood. The history and symbols of Sigma Theta Tau International were presented and the charge to inductees for leadership given. Nine undergraduate students, twenty-five graduate students, and eight nurse leaders were introduced as new members of the Chapter and signed the membership ledger. Exception were two of the undergraduates, one of the graduates and one of the nurse leaders, an international inductee, who were unable to attend due to geographical distance.

Following the formal ceremony, Induction speaker, Maureen Curtis-Cooper, Region 15 Coordinator of Sigma Theta Tau International and long-term member of Alpha Chi Chapter, presented

the inductees and their guests with a wide-ranging view of the future challenges facing nursing in a changing health care system. Drawing on a variety of sources from business and technology as well as health, she charged new members to be more than an "appliance nurse" (that is, one who works only to buy a new refrigerator) by understanding and embracing the leadership possibilities inherent in implementing health care innovation. As the most trusted of professions by numerous surveys, nurses, but especially Sigma members as designated leaders, need to become engaged in the design of the future care delivery system, lest change occur without their valuable input.

Non-nursing examples of areas requiring nurses' understanding that were discussed included the concept of globalization, the power of e-communication, especially the availability of voice-over-internet protocols (VOIP), and the tension between modernization and streamlining on one hand and the familiar and a sense of well-being on the other. All of these were seen as having major impact on nursing care delivery.

Within health care itself, Ms. Curtis Cooper cited the move from a hospital-centric service model to a community-based format of minimally-invasive and chemically-based processes. One of her examples of the latter from the infectious disease arena contrasted a continuing focus on soap-and-water defenses with advances in genetic engineering (bananas that deliver an anti-viral vaccine, bound to be a childhood preference).

The final nursing challenge presented was finding the appropriate balance between resource utilization, service delivery, and sustainable outcomes in health care. Ms. Curtis Cooper counseled nurses to acquire an understanding of financial data and its integration into clinical data, as well as of changing the

focus from the processes of care to the product of services, health care outcomes. She stated that nurses who position themselves to develop leadership skills by active membership in Sigma Theta Tau International and to seek mentoring opportunities from seasoned Sigma members can learn to live comfortably in a futuristic technological health care environment, yet retain authentic and humane client and colleague relationships. New inductees were urged to develop leadership's five attributes: challenging the status quo, sharing a vision, modeling appropriate roles, enabling others to take action, and encouraging the heart (Trembley, 1998-9).

Following her presentation, Ms. Curtis Cooper joined the officers and other Alpha Chi Chapter members in attendance in congratulating the new inductees and engaging in individual discussions.

UNDERGRADUATE INDUCTEES

- Amy Cebulski
- Katherine DiMare
- Eileen Kelleher
- Karla Labbe
- Allison Miller
- Emily Patterson

- Shaama Saber
- Jessica Stevenson
- Carla Vassallo

GRADUATE STUDENT INDUCTEES

- Lee Adamson-Rea
- Heather Archibald
- Linda Bresette
- Chasity Burrows
- Jessica Capone
- Sherry Couto
- Kim Francis
- Jenny Franke
- Karna Gibson
- Krista Goodwin
- Kathryn Kryzaneck
- Jennifer Levine
- Ruthann Looper
- Tawny Lowe
- Laura McNamara
- Jennifer McNamara
- Margaret Moss
- Kathleen O'Leary
- Lora Peppard
- Stephanie Pike
- Karen Schulte
- Laura Smith
- Joy Sweetall
- Sarah Tanguay
- Sarah Young



President Mary Margaret Segraves at Induction, flanked by Counselors Rosanna DeMarco (L) and Rita Olivieri (R).



Undergraduate inductee Carla Vassallo being congratulated by Induction Speaker Maureen Curtis Cooper.



Graduate Student Inductees (R to L): Ruthann Looper, Kathryn Kryzaneck, Karna Gibson, Jenny Franke and Kim Francis.



Graduate Student Inductees (R to L): Margaret Moss, Laura McNamara, Jennifer McNamara, Tawny Lowe and Jennifer Levine.



Undergraduate Inductees: (L to R): Amy Cebulski, Katherine Di Mare, Karla Labbe, Allison Miller and Shaama Saber.



Graduate Student Inductees (L to R): Sherry Coato, Jessica Capone, Chasity Burrows, Heather Archibald and Lee Adamson-Rea.



Graduate Student Inductees (R to L): Karen Schulte, Stephanie Pike, Lora Peppard and Kathleen O'Leary.



Graduate Student Inductees (L to R): Sara Young, Sarah Tanguay, Joy Sweetall and Laura Smith.

# nurse leader inductees

Carolyn De Beauport is a graduate of the MGH Institute of Health Professions. Her career trajectory includes a CNS and an Adult Nurse Practitioner with a specialty in pain management. She works at the Arnold Pain Management Center at Beth Israel Deaconess Medical Center and has developed preoperative pain literature for surgical patients. She also guest-lectures at the Harvard Pain Review.

Linda Hansen-Rodier has been a women's health nurse practitioner for twenty years. She precepts NP students from five university programs, doing so for over five years. She is very active in community and professional lecturing and is engaged in local, regional, and national organizations supporting the work of nurse practitioners. She recently returned to BC to study for her master's degree.

Linda Liu received her Master's and Bachelor's degree from McGill University and Post masters' education in adult geriatric nurse practitioner care from Boston College. She practices currently at St Elizabeth's Medical Center and is a teaching assistant at BC. She has conducted research with the Philips

Medical System and was an intervention research nurse at St. Mary's Hospital. She was a co-author of "Predictors of mammography use at recommended intervals among older women." (Unable to attend)

Ann Martin is a CNS and ANP for general surgery and trauma at Massachusetts General Hospital and has served as a preceptor for novice and student nurses. She has been a nurse leader, especially in the area of wound care and has gained national visibility through publications related to violence and wound care.

Elizabeth Mika is a registered nurse and midwife from Tanzania currently studying at Boston College. She taught at the Mikocheni School of Nursing and has done research related to knowledge, attitudes, and practices towards HIV transmission and prevention by primary school pupils in Tanzania. She co-authored the Mikocheni International University Handbook in 1998.

Nicolaas Engelbartus Oud is a nurse leader in the Netherlands. He was President of Acendio, the European version of NANDA, and is a writer and scholar of international reputation. He has presented at the International

Knowledge Conference and has translated several versions of the Nursing Classification into Dutch. He has a special interest in the diagnosis of violence. (Unable to attend)

Virginia Rosen worked in critical care areas in Boston and Connecticut but changed her focus to complementary/integrative therapies over the last fifteen years. She is a certified holistic nurse serving in medical and community centers, daycare and private homes. Her work in the community incorporates the principles that she has learned through personal and educational endeavors. She has completed groundbreaking work in the area of infant massage and has been recognized by peers and clients locally.

Amanda Savage facilitated the transfer of a wound clinic from a private office to a hospital-based practice at Massachusetts General Hospital by obtaining administrative support and providing assistance in promoting the flow of this service. She orchestrates multiple levels of personnel (physicians, residents, nurses) serving hundreds of surgical and trauma patients per week, and creates an atmosphere for interdisciplinary research.



Nurse Leaders (L to R): Virginia Rosen, Linda Hansen-Rodier, Elizabeth Mika, Ann Martin and Amanda Savage. Nurse Leader Inductee Carolyn De Beauport received an honor card from Junior Counselor Rita Olivieri.

## opportunities for leadership

This year Alpha Chi Chapter will be looking for members willing to serve in the following capacities:

- ◆ **President-Elect**  
Prepares to assume the presidency by observing the role and function of the president during the first year of a three-year term. The president-elect serves on the Executive Board and the Chapter Bylaws and Finance Committees.
- ◆ **Vice-President**  
Serves a two-year term bridging two presidential terms. The vice-president serves on the Executive Board and performs the duties of the president in the president's absence. The vice-president chairs the Bylaws Committee and is a member of the Program Committee.
- ◆ **Treasurer**  
Serves a two-year term, serves on the Executive Board and the Finance Committee. The treasurer manages all chapter expenditures, deposits and records. The treasurer prepares the chapter's annual budget with the help of the Finance committee.
- ◆ **Junior Counselor**  
Serves a two-year term, first as junior then senior counselor. The counselors serve on the Executive Board. As chairs of the Eligibility Committee, they implement the membership drive, inductee selection and the Induction Ceremony.
- ◆ **Nominating Committee Member**  
Serves two years with a continuing member. The Committee recruits nominees, prepares the ballot and conducts the annual election of officers and nominating committee members.

If you are interested or want to suggest another member as a good candidate for any of these positions, please contact Deborah Zapolski, Chair of the Nominating Committee at [dzapolski@hotmail.com](mailto:dzapolski@hotmail.com).

There are also various opportunities for committee membership. If you neglected to fill out the interest form last Spring, there is still time to volunteer by contact the President, Robin Wood at [woodr@bc.edu](mailto:woodr@bc.edu).

## agency liasons needed

The Membership Development Committee is looking for members to serve as liaisons between the Alpha Chi Chapter and their health care institutions / agencies. This liaison person would assist in publicizing chapter activities, keeping the Chapter apprised of agency activities and assisting in mentoring members in their agency. If you are interested in serving in this capacity, please contact Nancy Fairchild at [fairchil@bc.edu](mailto:fairchil@bc.edu) or write to her at Boston College William F. Connell School of Nursing, 140 Commonwealth Ave, Chestnut Hill, MA. 02467.

## health outcomes research october 2

The Bay State Sigma Theta Tau Consortium, of which Alpha Chi Chapter is a member, will present its first conference on October 2, 2004, at the Hoagland-Pincus Conference Center in Shrewsbury, MA, at 8:00 a.m. The mission of this Consortium is to engage local chapters in collaborative educational or research activities that will improve each chapter's ability to meet members' needs and to promote and support the mission of Sigma Theta Tau International.

The conference, "Health Outcomes Research: Shaping Nursing's Future for Practice and Education," will feature Sean Clarke RN, PhD, CRNP, CS, Associate Director of the Center for Health Outcomes and Policy Research at the University of Pennsylvania School of Nursing as the keynote speaker. Responding to his address in "Future Challenges" will be Alpha Chi member and Sigma President-elect Carol Picard, RN, PhD, CS and the American Nurses Association's First Vice-President Patricia S. Yoder-Wise, EdD, RN, CNA, FAAN. An interactive dialogue between attendees and the panel will follow, and there will be networking opportunities at breakfast and break times, as well as chapter leader meetings with Alpha Chi member and Region 15 coordinator Maureen Curtis Cooper in the afternoon. All Chapter members are welcome and encouraged to attend. The cost for members is \$60 by check or money order to Bay State Consortium, Sigma Theta Tau, and mailed to Gamma Epsilon member Cammie Townsend, 70 Warren Road, Ashland MA 01721. Include your name, address, phone, email address and Sigma member number. CEUs will be awarded.

## GORMAN LECTURE 2005

## women's voices, women's lives january 26

The next program to be hosted by Alpha Chi Chapter will be the Father Gorman Lecture on Humanistic Nursing on January 26, 2005 (snow date February 2). Rosanna DeMarco will be presenting "Women's voices, women's lives: The experience of making an HIV prevention film." Also contributing to the presentation will be the women depicted in the prevention film, who will be discussing their reaction to the process and how it helped them cope with a devastating health problem.



award  
*presentations*

The Alpha Chi Spring Business Meeting was the occasion for presentation of award recipients. Kristine Goedkoop, chair of the Awards and Scholarships Committee, announced two awards for 2003-4. The Mary Pekariski Essay Award was given to Laura Smith, a master's student, whose essay, "Awakenings," was submitted by her mother (See adjacent article). The Excellence in the Art of Nursing Award was presented to Joellen Hawkins in recognition of her teaching, practice, and research activities. Teaching included doctoral guidance and mentoring writers as editor of Clinical Excellence for Nurse Practitioners; practice involved working as a gynecological nurse practitioner at the Pine Street Inn and the Borum Clinic, and research focused on domestic violence issues.

Diane Carroll, chair of the Research Fund Committee, presented three \$500 awards. The recipients were Ruth Lopez for "How treatment decisions are made in nursing homes," Linda Tyer-Viola for "Care of HIV+ pregnant women: Attitudes and clinical decisions," and Ann Dylis for "Family functioning in parents of children with neurofibromatosis: A secondary analysis." These recipients will be expected to present posters at the 2005 Alpha Chi Research Program event.



Award winners Joellen Hawkins (center) and Laura Smith (R) with Awards and Scholarships Committee Chair Kristin Goedkoop.



Research Grant recipients (R to L): Ruth Lopez, Ann Dylis and Linda Tyer-Viola with Committee Chair Diane Carroll.

laura smith  
*awakening*

Last night I awoke around three in the morning soaked in sweat and breathing heavily. I had dreamt I was in front of a large classroom lecturing on the pathophysiology of breast cancer. I was much younger in the dream, maybe about twenty-two or so. I wracked my now forty-six year old brain for where these thoughts might be coming from. The dream, I realized, was actually a recollection of a time when I was one of the youngest graduate nursing students at Boston College. Those long oral presentations were the absolute scariest thing to me at the time. There was no greater torture than standing alone in front of a large class of older highly knowledgeable nurses, most of who had been practicing for several years. First year graduate school was extremely intimidating to say the least. There were many more presentations where I felt just as anxious and intimidated, but I survived! Now, twenty-four years down the road I realize what those presentations were all about and how very important they have been to my career.

I began to think about how soon after my first year of graduate nursing school at Boston College I worked as a staff nurse on a labor and delivery floor. I was immediately needed to work a great number of hours due to the alarming nursing shortage. Despite the high stress level, caring for mothers and babies quickly became a passion of mine. To this day I feel there is absolutely no comparison to the joy of witnessing and of helping a baby come into the world. The whole emotional experience still brings tears to my eyes. I knew right away, wherever my career took me in the future; it would be in the direction of maternal-child health. I learned to be an expert coach, teacher, friend, motivator and empathizer to all my patients. I constantly kept my eyes open to changes that would help our unit be as successful and productive as possible. My peers soon viewed me as an extremely hard working individual and a natural leader. Within a year I was promoted to unit manager. To most it would seem like this role carries with it too much pressure for a beginning nurse, but I thrived on it. I remained disciplined and organized while in the position of a young manager. Thinking about that time made my heart smile and I was able to relax, falling again into a deep sleep.

That same night, more flashbacks started pouring into my mind like a waterfall. I dreamt about the first time I held a patient's hand and helped her through a difficult situation. I could vividly recollect a patient I had in labor and delivery that presented with decreased fetal movement. She was completely expressionless and non-verbal out of fear she may have lost her baby after 34 weeks of pregnancy. I remember feeling horrible for the pain her and her family were going through. I committed myself to remaining by her side while she was undergoing the torturous wait before having her ultrasound. There

was a scary moment during the examination where the woman was convinced her baby was no longer alive. But soon after, a rapid heartbeat was heard and eventually sobs of joy came pouring out of this once silenced woman. I could almost feel the elation and relief the woman was feeling. The experience taught me that every moment of life is a miracle.

I awoke the next morning feeling elated and satisfied with my life and thought to myself, the memories that came to me in sleep were meaningful and will never be forgotten. The dreams made me think a great deal about how truly blessed and thankful I am for immersing myself in this sort of work. I am now in a private practice setting as a women's health nurse practitioner with two other nurse practitioners and a physician. I take one day off to reflect on what I do, write about my experiences and conduct research. Recollecting my first experiences of when I was a young naïve woman was an eye opening experience for me. I began to realize that life is full of many first experiences that will always remain with you. After the dreams, the following week I flew out to China. I felt inspired to visit several Eastern countries to learn about the way medicine is practiced and how health is viewed on the other side of the world. At forty-six, this was another first experience for me.

The trip was one of the smartest things I have done, because I came back with a new perspective on how to treat my patients – more holistically. I did not completely neglect the years of Western medicine that had been ingrained into my being and served as my foundation. Eastern medicine, including herbal remedies, acupuncture, and massage became wonderful additions to my practice, which has really begun to flourish as a result. I have taught my colleagues what I had been taught and inspired those to adopt some Eastern healing practices to treat their own patients. All of our patients responded positively and did better than ever before.

My mind will always be open to new ideas and first experiences. I will never forget where I have come from because to this day I am still affected by where my career as a Nurse and Nurse Practitioner has guided me and touched my inner spirit as well as those around me. After all these years I have found that nursing is not so much a career but a way of life. Nursing is also a way of viewing people and relating to them in a way that only you know how. All nurses have a unique light that guides us to this profession. I believe I will never lose that light or stop sharing it with others for as long as I live. I was born a nurse and I will die a nurse. Whatever being a nurse is may be different amongst all those who practice or have practiced, but it is special to all those we encounter!

reports and  
*discussions*

Following an Executive Board meeting, the Winter Business Meeting of Alpha Chi Chapter was held in the Heights Room on January 28, 2004. Agenda items were the approval of the Induction candidate and announcement of the speaker for the May Research Program. Moderated by Robin Wood and Louisa Dichard as Chapter delegates and aided by Maureen Curtis Cooper as Regional Coordinator, a lengthy discussion was held on news from the Biennial Convention, particularly in relation to the changes in governance, membership and finance voted in by the House of Delegates (see Spring 2004 Newsletter). The Clinical Innovations dinner and program followed the meeting.

The Spring Chapter Business Meeting took place in the Shea Room, Conte Forum on May 5, 2004. Jean O'Neil, for the Nominations Committee, announced the election results, with Nancy Fairchild voted in as Secretary, Deborah Adams-Cassidy as Junior Counselor, and Denise Ajewski and Mary Aruda as members of the Nominating Committee, which will be chaired by Deborah Zapolski for the next election cycle. Current Senior Counselor Rosanna DeMarco reported on Induction, and proposed that Induction ceremonies be changed to Fall, which proposal was referred to Executive Committee. Joyce Pulcini for the Program Committee announced the following year's programs (see the Calendar, p. 15). Kristin Goedkoop (for Awards and Scholarships) and Diane Carroll (for the Clinical Research Fund) presented their Committees' awards (see adjacent article). Nancy Fairchild reported on Membership Development and invited members to serve as liaisons to local health care agencies.



President Mary Margaret Segraves administering the oaths of office to (L to R): Deborah Adams-Cassidy as Junior Counselor, Robin Wood as President and Nancy Fairchild as Secretary.



Patricia Arcari's work at the Mind/Body Medical Institute was featured in "Infertility: Mind/body practices help couples regain control" in the June 14th edition of *Nursing Spectrum*.

Mary Aruda participated in the 2004 grant review process for the Healthy Tomorrows Partnership for Children Program of the American Academy of Pediatrics' Maternal and Child Health Bureau. The U.S. Department of Labor also recognized her for her involvement in the Women's Bureau e-mentoring programs, which work to ensure that more and more young women enter the fields of science, engineering, technology, and nursing.

Beverly Bartlett has retired from nursing education and is now running a small bed and breakfast in Blue Hill, Maine. Check out her web site at [www.firstlightbandb.com](http://www.firstlightbandb.com)

MaryAnne Benedict spoke on "A model for improving patient care" at the American Holistic Nurses Association's annual conference.

Honorary member Sandra Bertman received an Open Society Institute grant for "End of life care: Visions and voices from the arts and humanities" and an anonymous grant for "Program of medical humanities and the arts in health care."

Kathleen Beyerman, a director of the Community Health Institute, the Staff Development Department and of Clinical and Nursing Research at Winchester Hospital, authored "Highway nursing" in the March 22 issue of *Nursing Spectrum*. Her hospital recently received Magnet Hospital designation from the American Nurses Credentialing Center.

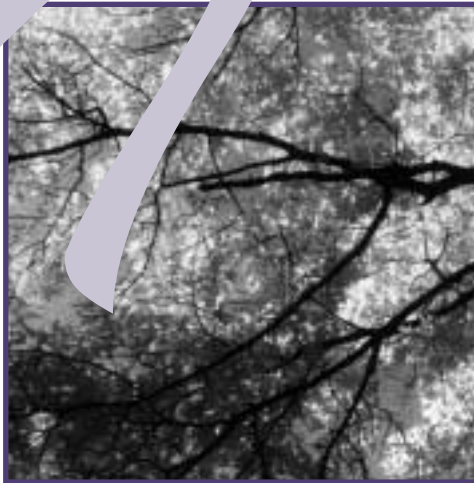
Barbara Brush co-authored "Imported care: Recruiting foreign nurses to U.S. health care facilities" in *Health Affairs* 23.

Ann Burgess had two articles published in the *American Journal of Nursing*. March 2004 had a co-authored article, "Forensic nursing: Investigating the career potential in this emerging graduates specialty," and April had "Born into a diaper. Discovering and prosecuting sexual assault in a nursing home." In addition, *Nursing Spectrum* had "Beautiful hands or bacterial bouquet?" and the *Journal of Psychosocial Nursing* had "Family member response to violent infant kidnapping." She has also been awarded a quarter million dollar two-year grant from the U.S. Department of Justice for "Elderly victims of sexual abuse and their offenders" and a \$75,000 one from the American Prosecutors Research Institute for "Testing the efficacy of SANE-SART programs."

Chasity Burrows, Elizabeth Mika and Susan Sheehy received Graduate Student Association awards at BC's 2004

Commencement for scholarship, teaching, research, service and academic achievement.

Joyce Clifford received the AACN-Marguerite Rodgers Kinney Award for a Distinguished Career from the American Association of Critical Care Nurses. It noted her long service at Beth Israel Hospital, her book, *Advancing professional*



*nursing practice*, her establishment of the Institute for Nursing Healthcare Leadership, and her charter membership in the Johnson & Johnson Wharton Fellow Program in Management for Nursing Executives.

Edward Coakley was featured in an article in *Nursing Spectrum* February 25 entitled "Aging nurses get much needed attention." for his development of the Aging Nurse Project at Massachusetts General Hospital, which focuses on career needs of nurses over the age of 50.



Thomas Connelly, Jr. presented "Ethical issues for human volunteers in medical research," as part of the Ethics Grand Rounds at Caritas St. Elizabeth's Medical Center.

Patricia Connors authored "Not a second to spare when managing shoulder dystocia" for *Nursing Spectrum*, January 26.

Mary Jane Costa, program director of the Heart Center at North Shore Medical Center was featured in "NSMC cardiac surgery team: Seasoned and successful after one year" in the June 14th edition of *Nursing Spectrum*.

Rosanna DeMarco has received a research grant from Delta Pi Chapter at Russell Sage College for her research regarding "The relationship between patient/nurse engagement with adherence behaviors in patients living with HIV." She also received the 2004 Inaugural Nursing Research Excellence Award from the Massachusetts Association of Registered Nurses at their annual convention in May. She co-authored "Healing our community collaborative: A nurse-led, peer-driven service project for women living with HIV in the *MAssachusetts Report on Nursing*, March 2004 and co-published "Reshaping the practice environment: The importance of coherence" in the *Journal of Nursing Administration* 34. With Carol Picard and Joan Agretelis, she published "A foot in two worlds: Nurses' experiences as cancer survivors, Part I. The personal" and "Part II. The professional" in *Oncology Nursing Forum*, 31, and with Carol Glod, Nancy Merrill, and others wrote "Staff and client perceptions of unit quality: A pilot study" in *Journal of Psychosocial Nursing* 42. She presented "HIV intergeneration prevention for African American teen girls" to the Boston chapter of the Association of Nurses in AIDS Care (ANAC) and "The Dana Farber Patient Family Advisory Council story: Working to improve patient safety" at the National Patient Safety Foundation 6th Annual Congress.

Mary Ellen Doona wrote "Nurses in service to soldiers" and "News from the Nursing Archives" for the June edition of the *MAssachusetts Report on Nursing*.

Jeanne Driscoll received her doctoral degree at the University of Connecticut on completion of her dissertation, "The experience of women living with Bipolar II disorder."

Laurel Eisenhauer and Nancy Fairchild have been awarded a Teaching and Mentoring grant of \$14,500 to refine their work on a second online course. Jean O'Neil is a consultant.

Errata: Janice Goodman, not June Horwitz as was last reported, was the recipient of a \$26,000 grant from NINR for her study "Parental postpartum depression and the family system". Apologies for the confusion.

Pamela Grace published two chapters, "Philosophical considerations in nurse practitioner practice" and "Ethics in the clinical encounter" in *Clinical judgment and communication in nursing practitioner practice*, edited by former Alpha Chi

President Susan Chase. She also has been appointed Ethics Column Editor and Contributing Editor for the American Journal of Nursing and has created a web-based Continuing Education series, "Advocacy of the elderly" with the New England Research Institute with Sara Fry the Series Coordinator. Online access is available at:

[ <http://study.neri.org/nursingethics/> ]

Rose Harvey wrote a letter to the editor about care of Alzheimer's patients regarding programs in research and education in *OnCall* in March.

Joellen Hawkins received a grant for "Intimate partner violence screening: Methods evaluation" from the National Institutes of Health. Her editorial for *Clinical Excellence for Nurse Practitioners* for February was "Children who witness violence: What can we do?" She co-authored *Guidelines for nurse practitioners in gynecological settings*. She co-presented a poster "You're going to be a what? Evolution of family planning/Ob/Gyn/women's health NPs" and was a panelist in "The power of the past," both at the National Organization of Nurse Practitioner Faculties Annual Meeting in San Diego. She also received a \$8000 grant from Home health VNA for "Rapid response for clients at risk."

June Horowitz presented "Journeying from clinical questions to funding: A program of research with depressed mothers and their infants" at the Center for Excellence in Nursing Practice's Nursing Research Grand Rounds held at Brigham and Women's Hospital. She also received a grant for "CARE: Intervention of depressed mothers and their infants" from the National Institutes of Health.

Susan LaRocca presented "Policies and practice that influence recruitment and retention of men in nursing" at the American Assembly for Men in Nursing annual conference in Cleveland.

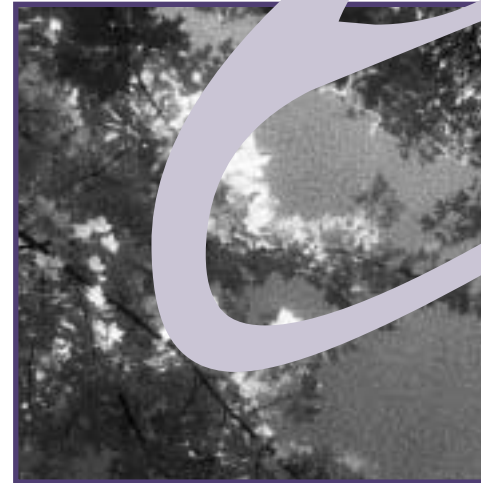
Ellen Long-Middleton, Jean Weyman (a recent appointee) and Joyce Clifford are among the current regional advisory board members for *Nursing Spectrum*.

Barbara Madden published an article in *MAssachusetts Report on Nursing*, Spring 2004 on "Bylaws." She was also interviewed on NBC's *Dateline* for a segment entitled "Wait until dark" about a series of sexual assaults, on which she also based a co-presentation at the June meeting of the New England chapter of the International Association of Forensic Nurses. She was re-elected as treasurer of this chapter. STTI's *Chapter Leader Emphasis* for May 2004 included an article "When creating your chapter's newsletter, go back to basics," in which Barbara was interviewed as a result of

the Chapter Newsletter winning two awards at the Biennial Convention.

Ellen Mahoney received the 2004 Outstanding Alumni Award from the University of Pennsylvania School of Nursing.

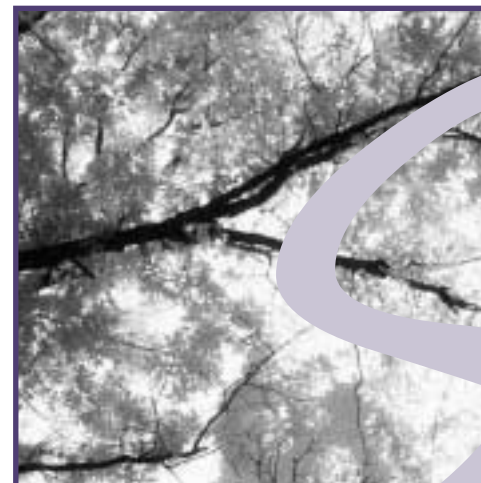
Anne Manton received the 2004 Gail P.



Lenahan Award for Advocacy from the Emergency Nurses Association, which she has served as Board member, President and head of certification.

Nancy Merrill received the Margaret C. Tibbetts Award for Excellence in Nursing at a ceremony at McLean Hospital.

Sandra Mott presented "Learning to parent the child living with hypoplastic left heart syndrome" at the Eastern Nursing Research Society Annual Conference in Boston. As Chair of their



Education Committee, she also directed focus group discussions on the topic of "Faculty-student ratios in clinical practice: Issues, responsibilities, strategies" at the Society of Pediatric Nursing Conference in Las Vegas.

Dorothy McCabe served on the panel of judges who selected the nurses honored

at BostonWorks Salute to Nurses this spring.

Barbara Munro was elected to membership of the National Association of Clinical Nurse Specialist's Board of Directors beginning March 12, 2004. With Joellen Hawkins, she wrote "Birth outcomes and maternal morbidity in abused women with public versus private health insurance" in the *Journal of Nursing Scholarship*.

Anne Norris was featured in "Intimate knowledge: A Boston nursing professor says talking about sex is anything but dirty" in the March *Advance for Nurses*. She was named a fellow of the American Academy of Nursing (FAAN).

Carol Picard received the Alumni Achievement Award from Fitchburg State College for her service to a variety of nursing organizations, her publications, and for being honored by a number of health organizations.

Joyce Pulcini developed "Interprofessional collaboration: School-community services" in conjunction with the Lynch School of Education and the School of Social Work along with members of the Judge Baker Mental Health Facility. She presented "Predictors, components, and outcomes of exemplary school nursing practice" at the Eastern Nursing Research Society Annual Meeting as well as "Assessment of clinical competency in nurse practitioner education" and "Nurse practitioner programs of excellence: Charting the course of quality nurse practitioner education" at the National Organization of Nurse Practitioner Faculties Annual Meeting in San Diego.

Catherine Read wrote "Conducting a client-focused survey using e-mail in *CIN: Computers, Informatics, Nursing* 22 and co-authored "Phenylketonuria" in *Primary care of a child with a chronic condition*. She was named the Primary Investigator in the third year of the NIA Conference Grant.

Callista Roy lectured at the Boston Theological Institute on "World view, scientific practice, and pastoral ministry," and gave two presentations at the Association of Christian Therapists annual conference on "The truth taught by creation: Basis of healing presence" and "Stories of healing presence in nursing and the nurse." She has been serving as a consultant for a developing doctoral program at the Universidad Autonoma de Nuevo Leon in Monterrey, Mexico. She served on the Planning Committee (along with Joyce Pulcini and Rosanna DeMarco) for the two-day conference, "Envisioning the Church women want" in April as well as conducting three prayer / ritual sessions and coordinating two workshops. She

reports that her main impression was about seven hundred people, mainly women, who arrived feeling angry about the marginalization of women in the Church and through really great speakers, interaction, etc. left with joy and hope. She also co-wrote "Coping and adaptation processing scale - English and Thai versions" for the Spring *Roy Adaptation Association Newsletter*. She co-presented "Partnership of theory and practice" Integration and application" and "Improving cognitive recovery in patients with mild head injury using a protocol of intervention in collaboration with families" at the ENRS conference, as well as the keynote address "Knowledge for practice: Theory and research synergy" at the Annual Colloquia on Nursing Science at the University of Quebec.

Joseph Schmelz co-authored "Care of the critically ill patient in a military unique environment: A program of research" in *Critical Care Clinics of North America* 15. He also presented "Research to reality" at the American Association of Nurse Anesthetist Fall Assembly of in San Diego.

Sue Sheehy has received a \$75,000 grant from the Gustav and Louisa Pfeiffer Foundation for her research "Recovery post-spinal cord injury: A high intensity, focused exercise program."

Marybeth Singer was named finalist for *Nursing Spectrum's* New England Nurse of the Year Award for 2004. She is a nurse practitioner in the Hematology / Oncology Clinical Center at Tufts-New England Medical Center and active in the Boston Chapter of the Oncology Nursing Society.

Patricia Tabloski has been named a fellow of the Gerontological Society of America.

Linda Tenofsky was a panel member for "Education and service partnering for success" at San Diego's International Continuing and Experimental Learning Conference. She also presented a poster, "Bringing education into the workplace," at the *Continuing Centerpiece: Where Education and Practice Meet* in Kansas City.

Judith Vessey was interviewed by the *Albuquerque Tribune* on her work developing a tool (the CAT) to distinguish

normal childhood teasing from unhealthy bullying and serve as a consultant on the HRSA "Stop Bullying Now" campaign. She and June Horowitz wrote "Conducting school-based focus groups: Lessons learned from the CAT's Project" in the *Journal of Pediatric Nursing*. She presented "Bibliotherapy: A pediatric nursing intervention to help children cope with teasing and bullying" at the Society of Pediatric Nurses Annual Conference in Las Vegas, "...And names can also hurt" at the New England School Nurse Conference, and "Successfully integrating children with special needs into school" at the National Association of Pediatric Nurse Associates and Practitioners Annual Conference in Dallas. She attended the Principal Investigator's meeting for the Babylon Program and is an evaluator for MITRE Corporation, both concerned with devices being developed under a

Defense Advanced Research Projects Agency's program combining two emerging technologies: speech recognition and machine translation.

Nancy Weinberg, as a member of the Cardiology Task Force at Newton-Wellesley Hospital, was among those recognized by M A S S P R O (part of the Massachusetts Medical Society) for outstanding achievement and commitment to quality improvement in acute myocardial infarction. She also participated in the Wellesley Memorial Day parade on the Newton-Wellesley Hospital float.

Robin Wood has been awarded a 2004-05 Teaching and Mentoring Grant to develop the online teaching practicum for the Post Masters Teaching Certificate in Nursing. Joyce Pulcini is a Content Expert Consultant on the grant.

Lin Zhan was named director of the PhD nursing program at the University of Massachusetts - Lowell and elected to the board of governors of the National League for Nursing. She recently authored "Alzheimer's caregiving: Perspectives from Chinese caregivers" in the *Journal of Gerontological Nursing*. Recent presentations include "Cross cultural considerations for elders with mental illness" at the Massachusetts Council of Aging annual conference and "Hit or miss: Mental health of Asian American elderly" at the third annual Asian American Conference.

## FOUNDER'S NIGHT

seeking

*new members*

The Eligibility and the Heritage Committee will be co-sponsoring the annual Founders' Night on Monday, October 4, 2004 from 7:00-9:00 in Cushing 207. This is an opportunity for prospective members to learn more about Sigma Theta Tau International and the activities of Alpha Chi Chapter. Members are encouraged to attend and also to think about any students or nurse leaders who might be eligible and interested. Perhaps you have a work colleague whom you could sponsor. Remember that a student who is unable to pay the costs of joining may receive consideration if he / she is willing to work on a committee.

## 2005 GRANT APPLICATIONS

2005 grant for

*clinical research*

**Purpose:** Alpha Chi Clinical Research Fund is seeking to continue to fund nursing research. The chapter sends aside \$5000 to support one of more projects that contribute to the advancement of clinical nursing. **Applications are available at:** [www.bc.edu/sigma/financial\\_support.html](http://www.bc.edu/sigma/financial_support.html) or call Diane Carroll (617) 724-4934. **Deadline:** February 18, 2005. **Awards are presented:** May 5, 2004.

## 2005 AWARDS AND SCHOLARSHIPS

updates to follow  
*on the web*

The Alpha Chi Chapter Awards and Scholarship Committee will be revamping and streamlining the application for awards to be given in 2005. More information will follow in the Winter Newsletter and will be available online at [www.bc.edu/sigma](http://www.bc.edu/sigma).

*Nominations will be submitted to:*

KRISTIN GOEDKOOP  
AWARDS AND SCHOLARSHIP CHAIR  
63 MOUNT VERNON ST #9  
BOSTON, MA 02108

## BCCSON INFORMATION SESSIONS

All Graduate Programs  
30 November 2004  
8 February 2005  
Exploring Higher Education  
Master's Education seminar  
15 March 2005  
Doctoral Education seminar  
9 November 2004  
25 March 2005  
Master's Entry Program Info  
4 October 2004  
RN Post-Graduate Study  
14 September 2004  
All programs will take place  
Cushing Hall  
5:00 - 7:00 p.m.  
To register, call  
617-552-4928  
or visit us on-line at:  
[www.bc.edu/nursing](http://www.bc.edu/nursing)

## 2004 - 2005 CALENDAR

<i>date</i>	<i>event</i>	<i>time</i>	<i>place</i>
Wed. Sept. 29, 2004	Executive Board Meeting Committee Orientation	5:30-7:00 PM 7:00-8:00	Cushing 413 Cushing 411-412
Sat. October 2, 2004	Bay State Consortium Speakers: Sean Clarke, Carol Picard Patricia Yoder-Wise	8:00-1:00	Hoagland-Pincus Conference Center Shrewsbury
Mon. Oct. 4, 2004	Founder's Night	7:00-9:00	Cushing 207
Wed. Nov. 19, 2004	Executive Board Meeting	5:30-7:00	Cushing 413
Wed. Jan. 26, 2005	Executive Board Meeting Winter Business Meeting Gorman Lecture Dinner Speaker: Rosanna DeMarco, RN, PhD	5:00-6:00 6:00-7:00 7:00-8:30	Heights Room
Wed. Feb. 2, 2005	Snow date. Listen to WBZ or WHDH Radio for cancellation announcement or call BCSON at 617-552.4250		
Wed. March 16, 2005	Executive Board Meeting	5:30-7:00	Cushing 411
Sun. April 3, 2005	Induction Ceremony / Brunch Speaker: Carol Picard, RN, PhD	11:00-2:00	Heights Room
Wed. May 5, 2005	Executive Board Meeting Networking/Poster Session Annual Business Meeting Research Presentation Speaker: TBA	4:45-5:30 5:30-6:30 6:30-7:30 7:30-8:30	Shea Room/ Conte Forum
Wed., June 15, 2005	Executive Board Meeting Transition Board and Chairs	5:30-7:00	Cushing 413

## *executive board meetings:*

Wed. September 29, 2004	Wed. March 16, 2005
Wed. November 10, 2004	Wed. May 11, 2005
Wed. January 26, 2005	Wed. June 15, 2005

## *additional dates:*

Newsletter Deadlines:	November 1, 2004 (January Newsletter) May 16, 2004 (August Newsletter)
Membership applications:	Dec. 6, 2004
Research Applications:	Feb. 18, 2005
Clinical Awards, Essays and Mentor:	April 8, 2005

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Chad Minnich

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Barbara Madden  
Chad Minnich

## share with us

*the exciting things that are happening in your life:  
a new job, a promotion, a move, attended an interesting conference,  
recent award, recent publication, degree earned,  
a child or grandchild, a retirement ...*

*we will share your news in a future newsletter*

**Mail your news to:** *Louisa Richard  
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Maynard, MA 01754*

**E-mail:** *Louisadichard@aol.com*

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