

# FIRST & LAST NAME

Chestnut Hill, MA | email@bc.edu | (272) 383-4858 | linkedin.com/name

## EDUCATION

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**Boston College, Morrissey College of Arts & Sciences** | Chestnut Hill, MA May 2020  
*Bachelor of Science in Biochemistry, Minor in Global Public Health & the Common Good | GPA: 3.6*  
*Relevant Coursework: Behavioral Neuroscience, Advanced Calculus II, Chemical Biology: Structure & Function*

## SKILLS

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**Laboratory:** Microscopy, Gas chromatography, DNA extraction/quantification, amino acid analysis, yeast display, flow cytometry, protein library sorting, DNA cloning & sequencing, ELISA  
**Language:** Polish (Advanced Proficiency)

## RELEVANT EXPERIENCE

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**Boston College Metabolic Cancer Research Lab** | Chestnut Hill, MA | *Research Assistant* Dec 2018 – Present

- Design and implement a study comparing the glucose and ketone value readings for two commercially available blood monitoring devices with the goal of informing consumers about value accuracy for calculating Glucose Ketone Index
- Execute a study focusing on the effects of exercise on tumor growth, conducted by collecting data on the voluntary wheel running on C57BL/6 mice
- Conduct a diet study testing the effects of various ingredients to determine optimal conditions for tumor suppression through the Ketogenic diet

**Newton Wellesley Hospital** | Newton, MA | *Surgical Pre-Op Volunteer* Aug 2018 – Present

- Comfort patients and assess their needs as they waited and prepared for surgery
- Clean and maintain all 24 rooms in the unit after each patient leaves and prepare rooms for incoming patients

**St. Francis Hospital** | Hartford, CT | *Neuro Nursing Unit Volunteer and Mobility Tech* Summer 2018

- Assessed fall risk and performed comfort and safety rounds on 28 patients to ensure all rooms were in compliance with hospital safety regulations
- Completed mobility training with physical therapy and nursing to better assist patients with walking

## WORK EXPERIENCE

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**Rocco's Pizza & Grill** | Manchester, CT | *Hostess, Busser, & Food Runner* Summer 2017 – Summer 2019

- Managed all front of house responsibilities while simultaneously cleaning and setting 42 tables
- Developed a table delegation system to increase efficiencies during service
- Communicated with servers and kitchen to ensure a timely arrival of food to tables

## LEADERSHIP EXPERIENCE

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**The Body Project (NEDA) at Boston College** | Chestnut Hill, MA | *Peer Leader* Aug 2018 – Present

- Lead small group of female-identifying students in two educational, discussion-based meetings on challenges preventing body image positivity to encourage rejection of the appearance ideal

**Office of Health Promotion** | Chestnut Hill, MA | *Team Manager, Health Coach* Aug 2017 – Present

- Co-lead weekly meetings for 15 other health coaches to continue group education on matters of health, wellness, and stress management
- Lead monthly workshops for students on the science behind stress and shared key strategies to cope throughout the school year
- Facilitate one-on-one 30 minute discussions with 3-5 students a week to evaluate current levels of stress and set attainable stress management goals

# FIRST & LAST NAME

Portland, OR | email@bc.edu | (384) 482-3948

## EDUCATION

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### **Boston College Connell School of Nursing**

*Bachelor of Science in Nursing, Minor in Hispanic Studies | GPA: 3.45*  
Anticipated Date of NCLEX: July 2020

**Chestnut Hill, MA**

May 2020

### **Universidad de San Francisco de Quito**

Relevant Coursework: Community Research in Healthcare

**Quito, Ecuador**

Fall 2018

## CLINICAL EXPERIENCE

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### **Massachusetts General Hospital**

*Senior Synthesis: Labor & Delivery*  
*Adult Health II: Adult Oncology Unit*  
*Adult Health I: Adult Medical/Surgical Unit*

**Boston, MA**

Spring 2020

Spring 2019

Spring 2018

### **Carney Hospital**

*Psychiatric/Mental Health: Adolescent/Adult Psychiatric Units*

**Dorchester, MA**

Fall 2019

### **Boston Children's Hospital**

*Childbearing/Maternal Health: Labor & Delivery/Postpartum/NICU Units*  
*Pediatrics: NICU*

**Boston, MA**

Spring 2019

Fall 2019

### **Centro de Salud Tumbaco**

*Population Health: Public Health Clinic*

**Tumbaco, Ecuador**

Fall 2018

## RESEARCH EXPERIENCE

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### **Massachusetts General Hospital**

*Undergraduate Research Assistant*

**Boston, MA**

Summer 2019

- Collaborate with faculty on a research project examining nursing related factors that might contribute to cesarean sections in nulliparous and term patients
- Synthesize relevant patient information from the OBTraceVu system at Massachusetts General Hospital
- Develop a more efficient system of locating and organizing patient data from the hospital computer system into the research study organizational tool

## EXTRACURRICULAR EXPERIENCE

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### **Student Nurse Association, Boston College Chapter**

*Secretary*

**Chestnut Hill, MA**

Sept 2017 – Present

- Participate in monthly meetings with other student nurses, emphasizing professional development
- Provide meeting minutes to members who are unable to attend meetings in order to provide meaningful information to all members

### **American Red Cross of Boston College**

*Blood Drive Volunteer*

**Chestnut Hill, MA**

Sept 2016 – Present

- Collaborate with 10 students and American Red Cross staff to organize biannual blood drives for the Boston College student body
- Monitor blood donors post-donation and ensure they are sufficiently hydrated and nourished before leaving the facility

# First & Last Name

Buffalo, NY | email@bc.edu | (283) 394-4857 | linkedin.com/name

## Education

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**Boston College, Morrissey College of Arts & Sciences;** Chestnut Hill, MA May 2021

*Bachelor of Science in Biology, Minor in Faith, Peace & Justice – Medical Ethics | GPA: 3.0*

- Relevant Coursework: Vaccine Development & Public Health, Sociology of Health & Illness, Bioethics & Social Justice, Values in Social Service & Health Care

## Leadership Experience

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**Bioethics Society of Boston College;** Chestnut Hill, MA August 2020 – Present

*President*

- Collaborate with fellow executive board members to organize and lead a biweekly clinical ethics discussion group on current Bioethics-related news
- Identify and invite top Bioethics professionals in order to coordinate two informative guest speaker events on campus per academic year

*Founder*

February 2019 – May 2019

- Spearheaded the creation of the Bioethics Society of Boston College, a student organization focused on providing a space for interested students to learn more about and discuss the field of Bioethics
- Coordinated with the Office of Student Involvement to bring the club from the drawing board to fruition, which included tasks such as drafting a preliminary budget, devising an initial marketing plan, and petitioning the Biology department for a faculty advisor
- Recruited 18 new members to the organization through active social media and email marketing

**Winston Center for Leadership Ethics;** Chestnut Hill, MA

November 2019

*Travel Grant Recipient*

- Attended the 2018 American Society for Bioethics and Medical Humanities Conference in Anaheim, California, and participated in discussions on topics including gene editing, consciousness, religion in medicine, and gun violence

## Work Experience

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**Recanati-Miller Transplantation Institute at Mount Sinai Hospital;** New York, NY Summer 2018

*Transplant Surgery & Hospital Ethics Intern*

- Observed both living and deceased donor kidney removal procedures, as well as recipient kidney transplant surgeries, to learn about the distinct intricacies facing each process
- Gained exposure to the ethics side of transplant operations by attending a variety of patient clinic appointments, including final cross matches, listed follow-ups, and social work evaluations

## Volunteer Experience

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**Appalachia Volunteers Program;** Chestnut Hill, MA

September 2019 – March 2020

- Met weekly with a small discussion group to reflect on matters of service and social justice
- Volunteered in Detroit, MI for one week during spring break, working directly alongside community members and leaders to better understand the impact of social injustices on the local population

**Global Medical Brigades of Boston College;** Estelí, Nicaragua

May 2018

- Traveled to Nicaragua as a part of a Global Medical Brigade, bringing medical care to remote parts of the country by taking vitals in triage, shadowing doctors in consultations, and assisting in a pharmacy

## Skills

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**Language:** Spanish (Fluent)